1

00:00:18,916 --> 00:00:23,166

(medical equipment gently beeping)

2

00:00:44,576 --> 00:00:49,576

(medical equipment

gently beeping continues)

3

00:01:10,566 --> 00:01:15,566

(medical equipment

gently beeping continues)

4

00:01:15,840 --> 00:01:18,243

- [Mati] Hap, do you want some calming music?

5

00:01:23,340 --> 00:01:24,693

Do you prefer it quiet?

6

00:01:30,750 --> 00:01:31,983

You prefer the quiet?

7

00:01:37,350 --> 00:01:38,183

Okay.

8

00:01:42,996 --> 00:01:47,996

(medical equipment

gently beeping continues)

9

00:01:53,640 --> 00:01:54,490

You want the pen?

10

00:01:56,190 --> 00:01:57,023

No?

11

00:02:02,510 --> 00:02:07,510

(medical equipment

gently beeping continues)

12

00:02:14,310 --> 00:02:15,710

You wanna show me something?

13

00:02:19,710 --> 00:02:20,913

This is in the way?

14

00:02:25,410 --> 00:02:26,823

Okay. Do you want me to move this?

15

00:02:28,110 --> 00:02:29,460

It's fine here?

16

00:02:29,460 --> 00:02:32,013

Okay, can I hold your hand for a minute?

17

00:02:34,434 --> 00:02:35,267

What?

18

00:02:41,400 --> 00:02:46,400

(medical equipment

gently beeping continues)

19

00:02:47,280 --> 00:02:48,330

Can I hold your hand?

20

00:02:51,030 --> 00:02:51,863

There we go.

21

00:02:54,732 --> 00:02:59,732

(medical equipment

gently beeping continues)

22

00:03:24,690 --> 00:03:27,963

Hap, I'm sorry it's so difficult

to communicate right now.

23

00:03:32,400 --> 00:03:37,083

And I hope your body's

intelligence can bring you back.

24

00:03:42,510 --> 00:03:45,900

And I have no understanding

25

00:03:45,900 --> 00:03:48,960

of what your body is

going through right now.

26

00:03:48,960 --> 00:03:50,723

I'm doing my best, okay?

27

00:03:53,073 --> 00:03:58,073

(medical equipment

gently beeping continues)

28

00:04:19,801 --> 00:04:24,801

(medical equipment

gently beeping continues)

29

00:04:32,820 --> 00:04:34,470

- [David] All right, so let's take a moment

30

00:04:34,470 --> 00:04:35,720

to get ourselves centered

31

00:04:38,340 --> 00:04:41,770

and ready, bringing your

energy across the boundary

32

00:04:42,930 --> 00:04:44,823

into this time and space.

33

00:04:47,190 --> 00:04:48,420

You're welcome to close your eyes

34

00:04:48,420 --> 00:04:51,693

or let your eyes fall in front of you.

35

00:04:58,780 --> 00:05:03,330

And I would just invite you

to check in with yourself

36

00:05:03,330 --> 00:05:05,133

at the center of your being.

37

00:05:09,900 --> 00:05:11,760

What are you feeling?

38

00:05:11,760 --> 00:05:13,743

What is your experience?

39

00:05:20,610 --> 00:05:24,513

Could be anger, grief,

40

00:05:27,300 --> 00:05:28,383

distraction.

41

00:05:42,177 --> 00:05:43,323

And when you're ready, you can

42

00:05:44,610 --> 00:05:46,380

slowly lift your eyes

43

00:05:46,380 --> 00:05:48,880

and begin to make eye

contact around the room

44

00:05:50,608 --> 00:05:52,858

and just let the group

know when you're here.

45

00:05:55,140 --> 00:05:56,003

- [Michele] Here.

46

00:05:57,390 --> 00:05:58,223

- [Fumiko] I'm here.

47

00:06:00,240 --> 00:06:01,253

- [Mati] I'm here.

48

00:06:02,490 --> 00:06:03,590

- [Jessica] I'm here.

49

00:06:06,150 --> 00:06:08,250

- [David] Okay, so the table is open if anybody

50

00:06:08,250 --> 00:06:10,503

wants to share their experience.

51

00:06:12,660 --> 00:06:13,493

- [Michele] Would you guys mind

52

00:06:13,493 --> 00:06:14,733

if I went first?

53

00:06:16,034 --> 00:06:16,890

All right.

54

00:06:16,890 --> 00:06:20,340

- So I just had the call

at noon for the family,

55

00:06:20,340 --> 00:06:21,890

the patient I've been following

56

00:06:23,070 --> 00:06:25,263

for probably four or five visits now.

57

00:06:26,940 --> 00:06:28,590

Patient took a turn for

the worse yesterday

58

00:06:28,590 --> 00:06:30,153

and now is actively dying.

59

00:06:31,920 --> 00:06:36,423

So yeah, that's what I'm

coming to the group with today.

60

00:06:38,970 --> 00:06:42,580

- [David] So, Michele, take

a moment to really connect

61

00:06:44,160 --> 00:06:45,780

because you're holding a lot.

62

00:06:45,780 --> 00:06:46,845

- Yeah.

63

00:06:46,845 --> 00:06:47,678

- [David] You're holding

a lot and I want you

64

00:06:47,678 --> 00:06:50,370

to be able to bring in the experience

65

00:06:50,370 --> 00:06:52,053

that you're having right now.

66

00:06:53,880 --> 00:06:56,160

So as you close your

eyes, as you look down,

67

00:06:56,160 --> 00:06:59,253

what are you feeling inside of yourself?

68

00:07:03,630 --> 00:07:07,740

- I think kind of two

things are coming to me.

69

00:07:07,740 --> 00:07:12,150

One is sadness and the

other is just feeling

70

00:07:12,150 --> 00:07:15,240

a little bit of helplessness at

being in a system

71

00:07:15,240 --> 00:07:17,130

that, pardon my language,

72

00:07:17,130 --> 00:07:19,890

but creates kind of a really

shitty experience for people

73

00:07:19,890 --> 00:07:21,033

at the end of life.

74

00:07:23,010 --> 00:07:27,420

He's just in this nondescript

room on a medicine floor,

75

00:07:27,420 --> 00:07:29,463

spending the last few hours of his life.

76

00:07:32,010 --> 00:07:36,300

- Yeah, and I'm wondering

about if helplessness is,

77

00:07:36,300 --> 00:07:39,960

when you start to elaborate,

I get a sense for your anger.

78

00:07:39,960 --> 00:07:42,023

- [Michele] Yeah,

there's anger underneath.

79

00:07:43,020 --> 00:07:44,700

- [David] Okay, let's see

if you can get a subgroup.

80

00:07:44,700 --> 00:07:46,230

You can just say anybody else.

81

00:07:46,230 --> 00:07:47,850

- Anybody else?

82

00:07:47,850 --> 00:07:48,773

That was a lot.

83

00:07:50,310 --> 00:07:53,130

- [David] So the subgroup is

really around the anger,

84

00:07:53,130 --> 00:07:54,243

the frustration.

85

00:07:55,470 --> 00:07:58,560

It doesn't have to be

about patient experiences,

86

00:07:58,560 --> 00:07:59,460

could be about anything.

87

00:08:03,330 --> 00:08:08,330

- [Fumiko] I can join you in your

frustration and anger

88

00:08:08,850 --> 00:08:13,850

because of my experience of

not being able to see my mother

89

00:08:15,630 --> 00:08:17,940

in a hospital when she was dying

90

00:08:17,940 --> 00:08:19,923

because of COVID restrictions.

91

00:08:21,660 --> 00:08:24,273

I was very angry, I was very frustrated.

92

00:08:28,080 --> 00:08:28,953

I can join you.

93

00:08:29,816 --> 00:08:31,020

- [Michele] Okay.

94

00:08:31,020 --> 00:08:33,720

- [David] And what's your

experience right now, Fumiko?

95

00:08:37,230 --> 00:08:41,676

- Let me go, let me go

see my mom, so that's...

96

00:08:41,676 --> 00:08:42,660

- Okay.

97

00:08:42,660 --> 00:08:44,360

- [Fumiko] Let me hold her hand.

98

00:08:47,130 --> 00:08:48,083

- [David] Good, good.

99

00:08:52,650 --> 00:08:53,673

- Anybody else?

100

00:09:02,437 --> 00:09:07,437

- [Mati] Fumiko, I hear, um…

loss of agency.

101

00:09:13,560 --> 00:09:17,520

The feeling of hitting

a wall and trying to like

102

00:09:17,520 --> 00:09:21,040

just get to the person you love or…

103

00:09:24,630 --> 00:09:26,703

to the place that your heart wants to be.

104

00:09:29,370 --> 00:09:34,370

I… I can join in… in feeling, um…

stunted or blocked

105

00:09:35,370 --> 00:09:37,173

by something out of my control.

106

00:09:39,930 --> 00:09:42,213

Yeah, I just wanted to reflect that back.

107

00:09:44,141 --> 00:09:47,160

I don't know that I fully grasped it, but…

108

00:09:48,630 --> 00:09:51,080

- [Fumiko] I think that's

what I said, thank you.

109

(Mati laughing gently)

00:09:52,620 --> 00:09:53,453

- Yeah.

110

00:09:56,218 --> 00:09:57,968

- [Fumiko] Thank you.

111

00:10:03,371 --> 00:10:05,683

(birds chirping)

112

00:10:05,683 --> 00:10:09,766

(faint shouting of children)

113

00:10:18,060 --> 00:10:19,297

- [David] *There's an old adage,*

114

00:10:19,297 --> 00:10:22,497

*"Don't just stand there, do something."*

115

00:10:25,036 --> 00:10:25,957

*And we flip that.*

116

00:10:25,957 --> 00:10:30,957

*We say, “Don't just do something,*

*stand there,” or “be there."*

117

00:10:34,110 --> 00:10:37,833

*Because there's connection*

*and healing in that.*

118

00:10:46,320 --> 00:10:48,690

- [Intepreter] *Thank you for*

*calling Pacific Interpreters.*

119

00:10:48,690 --> 00:10:49,560

*This is Katherine.*

120

00:10:49,560 --> 00:10:51,390

*I'll be your Polish interpreter today.*

121

00:10:51,390 --> 00:10:55,067

*This call may be monitored*

*for training and quality.*

122

00:10:56,723 --> 00:11:01,170

*Are you calling from the*

*main hospital or from FPA?*

123

00:11:01,170 --> 00:11:02,523

- From the main hospital.

124

00:11:03,754 --> 00:11:05,007

(background chatter)

125

00:11:05,007 --> 00:11:07,550

- [Interpreter] *May I have*

*your employee number please?*

126

00:11:07,550 --> 00:11:09,213

- 829-8613.

127

00:11:10,199 --> 00:11:11,910

- [Mati] Okay?

- [Interpreter] Okay, hi.

128

00:11:11,910 --> 00:11:14,520

- [Mati] Hi. So my name is Margaret,

129

00:11:14,520 --> 00:11:16,710

I'm a chaplain here at Mount Sinai.

130

00:11:16,710 --> 00:11:20,040

I offer spiritual care

and emotional support

131

00:11:20,040 --> 00:11:21,123

to our patients.

132

00:11:22,230 --> 00:11:23,983

- [Patient] Oh, okay.

- (Mati gently laughing)

133

00:11:23,983 --> 00:11:24,816

134

00:11:24,816 --> 00:11:27,570

Okay, if I wake up tomorrow.

135

00:11:27,570 --> 00:11:30,030

- [Mati] Yeah, yeah.

136

00:11:30,030 --> 00:11:31,893

How are you feeling right now?

137

00:11:32,954 --> 00:11:35,843

(speaking in Polish)

138

00:11:35,843 --> 00:11:37,283

- [Administrator] On 19?

- [Mati] 18.

139

00:11:37,283 --> 00:11:39,630

- 18, Sunita B. Same step down.

140

00:11:39,630 --> 00:11:42,465

- So the first name I didn't catch.

141

00:11:42,465 --> 00:11:43,374

- [Administrator] Sunita.

142

00:11:43,374 --> 00:11:45,320

- No, for, eight, eight.

143

00:11:45,320 --> 00:11:47,120

- [Administrator] So eight is Nagafna.

144

00:11:48,915 --> 00:11:50,840

(background chatter)

145

00:11:50,840 --> 00:11:54,094

(background chatter)

146

00:11:54,094 --> 00:11:55,094

(background chatter)

147

00:11:55,094 --> 00:11:56,490

- How is the 24 now?

148

00:11:56,490 --> 00:11:57,340

- [female voice 1] Not

ready yet, that's why I'm asking--

149

00:11:57,340 --> 00:12:00,213

- Okay, okay. I'll go later, that's okay.

150

00:12:01,710 --> 00:12:02,880

- And I'm Margaret.

151

00:12:02,880 --> 00:12:04,230

- [female voice 2] Oh, hi Margaret.

152

00:12:04,230 --> 00:12:05,670

Hi, oh, now I get it.

153

00:12:05,670 --> 00:12:07,062

I thought I saw someone on the job.

154

00:12:07,062 --> 00:12:08,312

- Yeah.

- Okay.

155

00:12:17,621 --> 00:12:19,871

- [Mati] Hi, can I come in?

156

00:12:22,121 --> 00:12:23,871

Can I close the door?

157

00:12:27,601 --> 00:12:30,518

(patient coughing)

158

00:12:33,270 --> 00:12:36,063

- [Mati] What are you making of your diagnosis?

159

00:12:37,851 --> 00:12:39,990

How are you relating to it?

160

00:12:39,990 --> 00:12:41,640

- I have a distance from it.

161

00:12:41,640 --> 00:12:44,580

- Yeah?

- It's like, okay, it's this,

162

00:12:44,580 --> 00:12:49,110

but I don't know what that

means, on a living level.

163

00:12:49,110 --> 00:12:50,910

- [Mati] What do you mean?

164

00:12:50,910 --> 00:12:53,843

- So they have this

diagnosis of (patient groans) adenocarcinoma.

165

00:12:58,080 --> 00:13:01,092

- [Mati] Which is a fancy

way to say lung cancer?

166

00:13:01,092 --> 00:13:03,910

- A particular kind of lung cancer.

167

00:13:03,910 --> 00:13:04,983

- Okay.

- Okay.

168

00:13:06,294 --> 00:13:07,294

What does that mean?

169

00:13:09,330 --> 00:13:11,070

I know my life is gonna change,

170

00:13:11,070 --> 00:13:15,030

but I don't know how and

what, you know, in what ways?

171

00:13:15,030 --> 00:13:19,383

So I really have…sort of waiting to see,

172

00:13:21,330 --> 00:13:25,743

and yeah, my intention is to live,

173

00:13:27,630 --> 00:13:32,500

but I also want a certain

quality in my life, so…

174

00:13:35,460 --> 00:13:37,713

I really do have to wait and see.

175

00:13:42,060 --> 00:13:45,750

I have to be in this moment

and go to the next moment,

176

00:13:45,750 --> 00:13:49,290

the next moment, and I'm

very clear from my past

177

00:13:49,290 --> 00:13:51,273

that it will be revealed to me.

178

00:13:52,696 --> 00:13:53,946

It is revealed to me.

179

00:13:56,250 --> 00:13:59,602

And then I'll know, do

this, don't do that.

180

00:13:59,602 --> 00:14:02,700

Do that, don't do this, you know.

181

00:14:02,700 --> 00:14:07,227

The mechanics of it will be taken care of.

182

00:14:07,227 --> 00:14:08,943

But that's mechanical.

- Yeah

183

00:14:09,900 --> 00:14:11,943

- What I'm looking for is…

184

00:14:14,430 --> 00:14:17,170

and there's a question

of blame here and guilt

185

00:14:18,390 --> 00:14:20,010

'cause I did smoke.

(patient laughs)

186

00:14:20,010 --> 00:14:22,740

- [Mati] I was gonna

ask you about that one.

187

00:14:22,740 --> 00:14:26,430

- Twenty-five years, so on one level it's like

188

00:14:26,430 --> 00:14:28,953

this is the consequence of your behavior.

189

00:14:32,640 --> 00:14:34,230

My mother smoked for much longer than I.

190

00:14:34,230 --> 00:14:36,210

She didn't get lung cancer.

191

00:14:36,210 --> 00:14:39,090

My brother smoked for longer.

He didn't get lung cancer.

192

00:14:39,090 --> 00:14:39,987

- [Mati] And you quit for--

193

00:14:39,987 --> 00:14:43,440

- And I quit for 30 years

and I get lung cancer.

194

00:14:43,440 --> 00:14:44,523

That's what’s so…

195

00:14:46,110 --> 00:14:46,943

- [Mati] Yeah.

196

00:14:47,790 --> 00:14:52,790

- So… I am looking at this

whole question of unfairness.

(patient sighing)

197

00:15:13,170 --> 00:15:15,003

- I wanted to ask you,

198

00:15:16,110 --> 00:15:20,610

and you might wanna take

time to think about this one,

199

00:15:20,610 --> 00:15:25,560

but a question that's been

percolating for me to ask you

200

00:15:25,560 --> 00:15:29,553

is what are you most proud of

in your life?

201

00:15:30,870 --> 00:15:34,143

Because you've lived

such a thoughtful life.

202

00:15:35,430 --> 00:15:37,280

- [Patient] I've been true to myself.

203

00:15:40,590 --> 00:15:41,610

- [Mati] Your integrity.

204

00:15:41,610 --> 00:15:43,203

- My integrity, yeah.

205

00:15:45,330 --> 00:15:46,443

Been true to myself.

206

00:15:52,410 --> 00:15:54,153

Wherever it led I went.

207

00:15:55,320 --> 00:15:56,620

Crazy as it was, you know.

208

00:15:59,614 --> 00:16:02,781

Okay, no that’s not the way, let's go this way.

209

00:16:03,627 --> 00:16:06,360

- [Mati] And so maybe this comes back

210

00:16:06,360 --> 00:16:11,360

to the question before,

that decision making, right,

211

00:16:11,370 --> 00:16:14,370

because that's where our

integrity might be questioned

212

00:16:14,370 --> 00:16:18,690

or, you know, shaped further.

213

00:16:18,690 --> 00:16:19,523

- [Patient] Yeah.

214

00:16:22,265 --> 00:16:25,590

- How do you know when

you're acting with integrity?

215

00:16:25,590 --> 00:16:28,173

What are you listening to

inside of yourself?

216

00:16:28,173 --> 00:16:31,593

- Oh, inside of myself I know for sure.

217

00:16:32,550 --> 00:16:37,550

There's a kind of knowing

in my solar plexus.

218

00:16:37,620 --> 00:16:42,330

When I'm like, not sure,

it's like (lightly groaning)

219

00:16:42,330 --> 00:16:44,670

so that gives me that clue.

220

00:16:51,750 --> 00:16:54,853

And the other thing I do, 'cause I have,

221

00:16:54,853 --> 00:16:58,053

I discovered as an adult, I have ADHD.

222

00:17:00,840 --> 00:17:03,097

'Cause I, there’s a list of things and I said,

223

00:17:03,097 --> 00:17:04,707

Oh, I have all of those.

224

00:17:06,837 --> 00:17:10,920

And so I've learned with

meditation and stuff,

225

00:17:10,920 --> 00:17:13,920

slow it down, pay attention.

226

00:17:13,920 --> 00:17:16,050

Those are things I focus on.

227

00:17:16,050 --> 00:17:18,330

- [Mati] So when you feel settled.

228

00:17:18,330 --> 00:17:19,980

- Yeah.

- And steady.

229

00:17:19,980 --> 00:17:22,350

- Then I can make a decision.

230

00:17:22,350 --> 00:17:23,183

- [Mati] Yeah.

231

00:17:23,183 --> 00:17:26,520

- Or the decision comes,

it's just like, this is it.

232

00:17:26,520 --> 00:17:27,630

- [Mati] I heard you say before, like,

233

00:17:27,630 --> 00:17:30,274

there's like a small voice.

234

00:17:30,274 --> 00:17:32,000

- Yeah, definitely.

- That told you to get out

235

00:17:32,000 --> 00:17:33,513

of that relationship.

236

00:17:34,710 --> 00:17:36,609

Like a small quiet voice.

237

00:17:36,609 --> 00:17:39,690

- The still small

voice does come to me.

238

00:17:39,690 --> 00:17:41,913

- [Mati] Still small voice, yeah.

239

00:17:43,290 --> 00:17:46,473

So we're going to be

looking out for that now.

240

00:17:46,473 --> 00:17:48,090

- Now, right.

- Right?

241

00:17:48,090 --> 00:17:51,840

- That's what I'm looking for,

and I'll know when I hear it.

242

00:17:51,840 --> 00:17:52,673

- [Mati] Right.

243

00:17:54,577 --> 00:17:58,800

So no being told to go faster, quicker than you--

244

00:17:58,800 --> 00:18:02,790

- That's really, I'm usually

pushed along by everybody.

245

00:18:02,790 --> 00:18:06,573

This is really interesting

for me to see myself go,

246

00:18:07,860 --> 00:18:10,503

“You’re not letting them push you around.”

247

00:18:11,520 --> 00:18:13,140

- [Mati] You're sticking up for yourself?

248

00:18:13,140 --> 00:18:14,123

- Yeah, yeah.

249

00:18:15,037 --> 00:18:18,723

So that's kind of exciting.

250

00:18:19,980 --> 00:18:20,980

- [Mati] I think so.

251

00:18:25,476 --> 00:18:28,393

(patient coughing)

252

00:18:37,980 --> 00:18:39,750

So going slow.

253

00:18:39,750 --> 00:18:42,970

- Yeah, going slow.

- To hear yourself.

254

00:18:42,970 --> 00:18:44,160

- Yeah, yes.

255

00:18:44,160 --> 00:18:46,860

- And maintain the integrity.

- Yes.

256

00:18:46,860 --> 00:18:48,690

Thank you.

- Your own pace.

257

00:18:48,690 --> 00:18:53,690

- I go at my own pace in order

to hear my own small voice.

258

00:18:54,269 --> 00:18:56,583

- Yeah.

Yeah.

259

00:19:01,723 --> 00:19:04,473

(birds chirping)

(Mati sighing)

(dogs faintly barking in the distance)

(gentle humming of city)

260

00:19:32,263 --> 00:19:37,260

Yeah I have patients to call,

but I'm not in the mood yet.

261

00:19:37,260 --> 00:19:40,113

I think I'm like running on empty.

262

00:19:48,390 --> 00:19:51,900

It's maybe like one o'clock, I don't know.

(dogs faintly barking in the distance)

263

00:20:01,611 --> 00:20:04,361

(birds chirping)

(honking cars in the distance)

(gentle roaring of city)

264

00:20:19,320 --> 00:20:21,990

From your role as my

supervisor and, you know,

265

00:20:21,990 --> 00:20:23,643

the time that has gone by,

266

00:20:24,600 --> 00:20:29,580

where would you like to see

me next in terms of growth?

267

00:20:29,580 --> 00:20:32,370

What talents have come

through or certain skill sets

268

00:20:32,370 --> 00:20:35,790

either that you would want

like to be improved on or like,

269

00:20:35,790 --> 00:20:37,980

just like, where would you put me next

270

00:20:37,980 --> 00:20:42,980

if you had like any say or choice in that

271

00:20:42,980 --> 00:20:44,763

from what you've seen of me?

272

00:20:45,960 --> 00:20:50,073

- I'm thinking about your

emotional boundaries.

273

00:20:51,540 --> 00:20:56,460

A lot gets through and

that can really drain you,

274

00:20:56,460 --> 00:21:01,460

deplete you, and I think whatever

you can do to try to close

275

00:21:03,420 --> 00:21:04,890

those boundaries a little bit more

276

00:21:04,890 --> 00:21:07,263

so a little bit less gets through.

277

00:21:08,400 --> 00:21:10,740

So it's not an all or nothing,

it's not open or closed.

278

00:21:10,740 --> 00:21:14,820

It's how open, how closed

are those boundaries.

279

00:21:14,820 --> 00:21:17,373

So you can manage your empathy.

280

00:21:20,070 --> 00:21:25,070

I feel it within me that I

wanna go deeper or further

281

00:21:25,860 --> 00:21:30,767

or go in this direction and, ah…

should I, or should I not

282

00:21:34,410 --> 00:21:36,120

at this point?

283

00:21:36,120 --> 00:21:38,430

And what are the risks

and what are the rewards?

284

00:21:38,430 --> 00:21:40,263

What's the potential fallout?

285

00:21:42,000 --> 00:21:44,250

Because it seems like what's

lurking in the background

286

00:21:44,250 --> 00:21:46,270

is what is the price that you will pay

287

00:21:47,220 --> 00:21:48,693

in terms of exhaustion?

288

00:21:50,910 --> 00:21:53,610

There's a lot of effort

that goes into holding back,

289

00:21:53,610 --> 00:21:56,970

and there's a lot of effort

that goes into saying it

290

00:21:56,970 --> 00:22:00,330

and then dealing with

what comes after it’s said.

291

00:22:00,330 --> 00:22:03,720

So it's not… I say that to

acknowledge the challenge,

292

00:22:03,720 --> 00:22:06,003

the difficulty of either direction.

293

00:22:07,770 --> 00:22:10,980

And that's gonna live

on beyond the residency,

294

00:22:10,980 --> 00:22:13,680

I think, and that's not a failure of yours

295

00:22:13,680 --> 00:22:15,930

or the residency. I think

it's just one of those

296

00:22:15,930 --> 00:22:19,080

larger issues that we all, if we're lucky,

297

00:22:19,080 --> 00:22:21,277

we identify them at some point and we say,

298

00:22:21,277 --> 00:22:23,400

Oh, okay, this is one

of those long-term things

299

00:22:23,400 --> 00:22:27,270

that I'm just gonna have

to continue to grapple with

300

00:22:27,270 --> 00:22:29,577

and develop over the long haul.

301

00:22:31,230 --> 00:22:34,590

- Would it be possible for

me to ask you to keep an eye

302

00:22:34,590 --> 00:22:39,590

on that learning goal and kind

of be more forward with me

303

00:22:40,410 --> 00:22:44,070

where you see me doing that well

304

00:22:44,070 --> 00:22:47,426

or like where I could have been tighter.

305

00:22:47,426 --> 00:22:48,259

- I hear that.

306

00:22:48,259 --> 00:22:49,908

- [Mati] And the feedback could be harsh.

307

00:22:49,908 --> 00:22:54,840

Don't be, like, soft on me there, okay?

308

00:22:54,840 --> 00:22:58,148

- Okay, yeah, yeah, well, yeah, I mean,

309

00:22:58,148 --> 00:23:01,620

I don't know that I…

It's hard for me to get harsh,

310

00:23:01,620 --> 00:23:04,500

so I don't think you have

to worry about harsh.

311

00:23:04,500 --> 00:23:08,490

I think what I'm hearing

you say is, Step it up

312

00:23:08,490 --> 00:23:11,520

on the feedback in this specific area.

313

00:23:11,520 --> 00:23:12,720

- Yeah.

- Give me more.

314

00:23:14,476 --> 00:23:16,352

(ball clunking)

315

00:23:16,352 --> 00:23:19,435

(chaplains laughing)

316

00:23:22,496 --> 00:23:24,159

- [Amy] I'm so terrible at this.

317

00:23:24,159 --> 00:23:26,187

- [David] Run in circles.

318

00:23:26,187 --> 00:23:29,918

- [Michele]I love it.

- [Amy] Or I'm the best!

319

00:23:29,918 --> 00:23:31,414

(all laughing)

320

00:23:31,414 --> 00:23:33,586

- [David] There you go.

321

00:23:33,586 --> 00:23:35,458

How many of these do we have?

322

00:23:35,458 --> 00:23:38,384

(all laughing)

(ball hitting filing cabinet)

323

00:23:38,384 --> 00:23:39,884

- That's pinball.

(background chatter)

324

00:23:42,670 --> 00:23:45,848

- [David] Watch that second bounce.

325

00:23:45,848 --> 00:23:47,100

- (office chatter)

326

00:23:47,100 --> 00:23:48,690

- [Amy] How's the morning been going?

327

00:23:48,690 --> 00:23:51,900

Anything from the weekend,

328

00:23:51,900 --> 00:23:54,360

anything of note for the week ahead?

329

00:23:54,360 --> 00:23:55,810

Mati, you want to start us off?

330

00:23:56,730 --> 00:23:59,160

- [Mati] I mean, Thursday night...

331

00:23:59,160 --> 00:24:01,447

- You had a big case in the PICU

332

00:24:02,907 --> 00:24:07,800

and I read there was…

That was huge, yeah.

333

00:24:07,800 --> 00:24:12,800

So an 11-month-old came in for

surgery and unexpectedly died

334

00:24:13,830 --> 00:24:15,393

in the operating room.

335

00:24:16,260 --> 00:24:18,300

- Yeah,

the parents were 17 years old.

336

00:24:18,300 --> 00:24:19,500

- [Amy] Oh my gosh.

- (chaplains gasp)

337

00:24:25,493 --> 00:24:29,065

- It was heavy.

338

00:24:29,065 --> 00:24:30,915

So yeah, that was part of my weekend.

339

00:24:31,950 --> 00:24:33,180

- [Amy] Yeah.

340

00:24:33,180 --> 00:24:35,760

Thank you for going and being there

341

00:24:35,760 --> 00:24:36,870

and just so you know,

342

00:24:36,870 --> 00:24:40,860

there was so many emails that

night and the next morning.

343

00:24:40,860 --> 00:24:42,690

I appreciated getting

to read your chart note

344

00:24:42,690 --> 00:24:45,180

and having all the

information at my fingertips.

345

00:24:45,180 --> 00:24:46,653

So thank you so much.

346

00:24:48,986 --> 00:24:52,653

(Amy sighing heavily)

(pages printing)

347

00:25:11,567 --> 00:25:13,713

(computer dinging)

348

00:25:13,713 --> 00:25:15,333

- Hey, all right.

- [Consultant] All right.

349

00:25:16,844 --> 00:25:18,633

Okay.

- Okay, all right.

350

00:25:19,650 --> 00:25:23,020

I'd like to look at the

calendar and see if we can get

351

00:25:23,880 --> 00:25:28,740

more frequent consultations scheduled.

352

00:25:28,740 --> 00:25:31,560

We're, you know, we're

meeting pretty infrequently

353

00:25:31,560 --> 00:25:34,023

and I'd like to meet more, if possible.

354

00:25:35,263 --> 00:25:37,110

- [Consultant] That would be great.

355

00:25:37,110 --> 00:25:39,033

- [David] Okay. Cool.

356

00:25:39,990 --> 00:25:40,823

- So why don't we take a moment

357

00:25:40,823 --> 00:25:42,090

and get ourselves centered then.

358

00:25:42,090 --> 00:25:43,683

- [David] Okay, sounds good.

359

00:25:45,270 --> 00:25:48,040

- Yeah, just take a couple breaths.

360

00:25:52,203 --> 00:25:53,373

Feet on the floor.

361

00:25:54,630 --> 00:25:55,890

And gathering up your energy

362

00:25:55,890 --> 00:25:58,053

and bringing it to this context.

363

00:26:04,170 --> 00:26:05,550

So are you here?

364

00:26:05,550 --> 00:26:06,660

- [David] I'm here.

365

00:26:06,660 --> 00:26:08,190

- Great.

- Yeah.

366

00:26:08,190 --> 00:26:09,733

- Me too.

- Good, good.

367

00:26:11,322 --> 00:26:12,155

- Okay.

(David sighing)

368

00:26:13,320 --> 00:26:16,230

- [David] One of my primary

goals for all of this work

369

00:26:16,230 --> 00:26:20,550

is to… just really sit a little more easily

370

00:26:20,550 --> 00:26:23,163

in the… in the role of authority.

371

00:26:24,030 --> 00:26:24,863

- Okay.

372

00:26:25,983 --> 00:26:27,093

(sighing)

- Yeah.

373

00:26:28,290 --> 00:26:29,250

You know, I don't know,

374

00:26:29,250 --> 00:26:30,327

I'm just gonna associate

here for a moment,

375

00:26:30,327 --> 00:26:34,470

but what comes to mind

is my first supervisor…

376

00:26:34,470 --> 00:26:38,880

I was telling somebody the other day,

who I, you know, I still love

377

00:26:38,880 --> 00:26:41,553

to this day and respect greatly.

378

00:26:42,870 --> 00:26:46,353

Some of the approaches

were really threatening.

379

00:26:47,400 --> 00:26:51,880

You know, it was like I

saw him walk out angrily.

380

00:26:53,010 --> 00:26:53,843

- Hmm.

381

00:26:54,810 --> 00:26:57,462

So that kind of provocative…okay.

382

00:26:57,462 --> 00:26:59,820

- Yeah, yeah, I saw, I

don't know if it was him

383

00:26:59,820 --> 00:27:01,080

or one of the other educators,

384

00:27:01,080 --> 00:27:04,050

but ripping up a verbatim at some point.

385

00:27:04,050 --> 00:27:07,512

Just kind of tossing it back

to the student, This is crap.

386

00:27:07,512 --> 00:27:08,345

- Whoa, whoa.

387

00:27:08,345 --> 00:27:10,470

- You know, that kind of thing.

388

00:27:10,470 --> 00:27:13,140

And then with my first presentation,

389

00:27:13,140 --> 00:27:16,893

I was very nervous and guarded

and my supervisor said,

390

00:27:18,097 --> 00:27:19,380

"You're really guarded right now.

391

00:27:19,380 --> 00:27:21,510

I don't know if I should

tear down your guard

392

00:27:21,510 --> 00:27:22,760

or let you take it down."

393

00:27:23,850 --> 00:27:25,057

And in that moment I was like,

394

00:27:25,057 --> 00:27:26,400

Oh, well, I don't want

him to tear it down,

395

00:27:26,400 --> 00:27:27,233

I'll do it myself.

396

00:27:27,233 --> 00:27:28,410

So I said, "I'll just do it myself."

397

00:27:28,410 --> 00:27:31,290

And I, you know, proceeded

and tried to, you know,

398

00:27:31,290 --> 00:27:34,050

be more vulnerable, but

looking back on that, I mean,

399

00:27:34,050 --> 00:27:37,203

that was a threatening intervention.

400

00:27:40,082 --> 00:27:42,540

Certain actions were modeled for me

401

00:27:42,540 --> 00:27:46,170

and that's sort of the range of options,

402

00:27:46,170 --> 00:27:47,870

you know, yelling and walking out.

403

00:27:49,010 --> 00:27:50,495

- [Consultant]

Yelling and walking out.

404

00:27:50,495 --> 00:27:53,130

- And that being like

what is the point of that?

405

00:27:53,130 --> 00:27:58,130

The point is, I think, to be

one up rather than one down.

406

00:28:00,720 --> 00:28:02,670

That's not how I wanna be in this role.

407

00:28:04,320 --> 00:28:08,550

Yeah, I had a student once who

said…

408

00:28:08,550 --> 00:28:13,230

This was pretty cool, she said she wanted to

see me like the black belt

409

00:28:13,230 --> 00:28:17,043

and she knew she could throw

punches and it wouldn't hurt.

410

00:28:19,740 --> 00:28:21,787

I thought it was a really great image of--

411

00:28:21,787 --> 00:28:23,100

- [Consultant] Yeah.

412

00:28:23,100 --> 00:28:28,100

- You know, like a child in

a karate class, you know,

413

00:28:28,272 --> 00:28:33,272

and the sensei like really,

you know, firm and comfortable.

414

00:28:34,020 --> 00:28:36,570

- Muscles in their belly, you can kick--.

415

00:28:36,570 --> 00:28:40,470

- Yeah, relaxed and know that

it's aiding the development

416

00:28:40,470 --> 00:28:43,620

of the student, you know, to

do this sparring and whatnot.

417

00:28:43,620 --> 00:28:44,940

- Exactly right.

418

00:28:44,940 --> 00:28:48,630

So really I do hear the

next step, David, is to be able

419

00:28:48,630 --> 00:28:52,375

to do the work to be in

your authority, right?

420

00:28:52,375 --> 00:28:54,090

- [David] Yeah. Yeah.

421

00:28:54,090 --> 00:28:56,580

- Fully. You can have your full experience

422

00:28:56,580 --> 00:28:59,463

and you're not gonna be

destroyed by the student.

423

00:29:00,332 --> 00:29:01,541

- Right.

424

00:29:01,541 --> 00:29:02,970

- [Consultant] And you're

not gonna be a bully

425

00:29:02,970 --> 00:29:04,770

that you have to destroy her either.

426

00:29:05,610 --> 00:29:07,260

- Yep, that's it.

427

00:29:07,260 --> 00:29:10,650

It's really, yeah, staying

away from those extremes,

428

00:29:10,650 --> 00:29:12,700

trying to be more measured, in the middle,

429

00:29:13,800 --> 00:29:16,230

which to me is more courage.

430

00:29:16,230 --> 00:29:20,940

It's like the courage to

stay with the discomfort,

431

00:29:20,940 --> 00:29:25,650

the anxiety, and work

through it, you know,

432

00:29:25,650 --> 00:29:27,450

in a present kind of way.

433

00:29:27,450 --> 00:29:28,500

That's what I really want.

434

00:29:28,500 --> 00:29:29,850

- And you not feel threatened.

435

00:29:30,831 --> 00:29:32,310

But to be able to hold that

structure for them.

436

00:29:32,310 --> 00:29:34,050

- [David] Right, right.

437

00:29:34,050 --> 00:29:34,883

- Yeah.

438

00:30:00,157 --> 00:30:02,580

- [Mati] "The eternal providence has appointed me

439

00:30:02,580 --> 00:30:05,733

to watch over the life and

health of thy creatures.

440

00:30:06,690 --> 00:30:10,113

May the love for my art

actuate me at all times.

441

00:30:11,670 --> 00:30:13,950

May I never see in the patient anything

442

00:30:13,950 --> 00:30:16,323

but a fellow creature in pain.

443

00:30:17,670 --> 00:30:21,420

Grant me the strength,

time, and opportunity

444

00:30:21,420 --> 00:30:23,943

always to correct what I have acquired,

445

00:30:24,840 --> 00:30:26,913

always to extend its domain.

446

00:30:29,220 --> 00:30:33,120

Oh God, thou has appointed

me to watch over the life

447

00:30:33,120 --> 00:30:34,833

and death of thy creatures.

448

00:30:36,330 --> 00:30:38,730

Here am I ready for my vocation

449

00:30:38,730 --> 00:30:40,947

and now I turn unto my calling."

450

00:30:45,870 --> 00:30:48,210

- [Jessica] Even though the person

who wrote this prayer

451

00:30:48,210 --> 00:30:52,867

is a physician, he's identifying, like,

452

00:30:52,867 --> 00:30:54,687

I'm called to this work.

453

00:30:57,540 --> 00:31:01,203

Acknowledging, like, he can't do this alone.

454

00:31:02,850 --> 00:31:06,063

For me, I'm the same way.

455

00:31:07,380 --> 00:31:08,460

And I've had conversations.

456

00:31:08,460 --> 00:31:10,170

I don't know if you and

I have had it, David,

457

00:31:10,170 --> 00:31:13,620

but I've had it with other persons.

458

00:31:13,620 --> 00:31:16,350

Like, I can't do this

work if I don't pray.

459

00:31:16,350 --> 00:31:19,800

Like, for me, I think,

460

00:31:19,800 --> 00:31:22,143

just for me in my

practice, it's impossible.

461

00:31:24,090 --> 00:31:25,323

How is that for you?

462

00:31:26,250 --> 00:31:28,400

Like if this is something that

you wanna flesh out.

463

00:31:29,496 --> 00:31:33,213

(Mati laughing)

- I have no idea where

my prayers are going.

464

00:31:36,180 --> 00:31:39,483

My inheritance and life

experience is like…if…

465

00:31:41,910 --> 00:31:44,370

There's… there’s like a sense

of like malnourishment

466

00:31:44,370 --> 00:31:47,493

or like lacking of, like, an immanent god.

467

00:31:50,250 --> 00:31:55,250

Like, I'm, yeah…

My grandfather

had a wife and three kids

468

00:31:55,530 --> 00:31:57,063

murdered by the Nazis.

469

00:31:59,070 --> 00:32:02,970

My grandmother was in

Auschwitz for a year,

470

00:32:02,970 --> 00:32:04,770

and just like a starving woman,

471

00:32:04,770 --> 00:32:08,670

like in the cold, walking among the dead,

472

00:32:08,670 --> 00:32:11,493

and survived the gas chambers twice.

473

00:32:14,280 --> 00:32:17,250

And yes, the question is,

Where… where the hell are you?

474

00:32:17,250 --> 00:32:20,580

And, like, how much of a

beating should we be taking?

475

00:32:20,580 --> 00:32:25,580

And how obligated am I to

you if I don't feel you,

476

00:32:26,880 --> 00:32:30,873

I don't see you,

and like…you weren't protective?

477

00:32:34,890 --> 00:32:39,890

That trauma is so profound

and so deep that it

478

00:32:40,110 --> 00:32:43,260

almost like exists for me on that, like,

479

00:32:43,260 --> 00:32:46,050

transcendent level of

just like, I do not get,

480

00:32:46,050 --> 00:32:48,357

like, what do you make of this?

481

00:32:51,600 --> 00:32:55,173

I don't… I don’t… It's heavy.

482

00:33:01,440 --> 00:33:04,200

But that's like

my child self saying that.

483

00:33:04,200 --> 00:33:07,380

So like there's still like a…

484

00:33:07,380 --> 00:33:09,450

How can I conceptualize this differently or like

485

00:33:09,450 --> 00:33:11,600

what does it mean to

have like a more adult

486

00:33:13,050 --> 00:33:15,003

relationship with the divine?

487

00:33:16,890 --> 00:33:19,350

I'm like grasping for like a different,

488

00:33:19,350 --> 00:33:21,153

a different kind of knowing.

489

00:33:25,590 --> 00:33:27,473

- [Jessica] Thank you for sharing that.

490

00:33:41,730 --> 00:33:43,800

- When you make space like this,

491

00:33:43,800 --> 00:33:48,363

it doesn't surprise me when

significant things emerge.

492

00:33:50,310 --> 00:33:52,980

So who knew with this oath

and prayer of Maimonides

493

00:33:52,980 --> 00:33:57,337

that we would wind our way

through your family history

494

00:33:57,337 --> 00:34:00,690

and where you wanna be

and who you wanna be

495

00:34:00,690 --> 00:34:02,090

in the midst of all of that.

496

00:34:04,080 --> 00:34:06,570

I didn't say much because mostly

'cause I'm really fatigued.

497

00:34:06,570 --> 00:34:09,210

I was up 'till two this morning.

498

00:34:09,210 --> 00:34:10,953

It just hit me in this hour.

499

00:34:19,020 --> 00:34:24,020

I have been thinking, I wonder

what would it be like to,

500

00:34:24,270 --> 00:34:27,006

I don't know, go to the park, end early?

501

00:34:27,006 --> 00:34:29,144

(chaplains laughing)

502

00:34:29,144 --> 00:34:31,260

- [Mati] I feel like we're all exhausted.

503

00:34:31,260 --> 00:34:33,179

- I do have that impulse as well.

504

00:34:33,179 --> 00:34:34,800

(David gently laughing)

505

00:34:34,800 --> 00:34:37,440

You're welcome to go

do whatever you'd like.

506

00:34:37,440 --> 00:34:38,700

Go home.

507

00:34:38,700 --> 00:34:41,040

I'm gonna go get a snack

and take a nap or something.

508

00:34:41,040 --> 00:34:42,033

I'm exhausted.

509

00:34:48,764 --> 00:34:51,347

(soothing music)

510

00:34:56,400 --> 00:35:00,120

- [Mati] *You could look at religion*

*as like a psychological crutch*

511

00:35:00,120 --> 00:35:03,573

*because it's way easier*

*than confronting reality.*

512

00:35:06,540 --> 00:35:07,560

*But then at the same time,*

513

00:35:07,560 --> 00:35:11,760

*I can't throw all of this out*

*because there's too much here*

514

00:35:11,760 --> 00:35:13,833

*that is nourishing.*

515

00:35:21,360 --> 00:35:25,743

[Mati] Iced tea, KIND bars, essential oil.

516

00:35:26,654 --> 00:35:28,450

- Okay, essential oil.

517

00:35:28,450 --> 00:35:30,300

- [Nurse] Essential oil?

- Yeah.

518

00:35:30,300 --> 00:35:33,348

Whatever, tea, I don't

know, what's that one?

519

00:35:33,348 --> 00:35:34,181

- That's an iced tea.

520

00:35:34,181 --> 00:35:36,990

- Okay.

- So let's start with that.

521

00:35:36,990 --> 00:35:38,751

I don't think I've met you yet.

522

00:35:38,751 --> 00:35:40,320

- No, Jermaine.

- Margaret.

523

00:35:40,320 --> 00:35:42,198

- Nice to meet you, Miss Margaret.

524

00:35:42,198 --> 00:35:43,770

- Nice to meet you.

(ice cubes clunking into cup)

525

00:35:43,770 --> 00:35:46,250

I'm running low on ice, but

you have ice on this unit

526

00:35:46,250 --> 00:35:48,250

so you could get more if you want, yeah?

527

00:35:50,097 --> 00:35:52,020

Okay.

(iced tea sloshing)

528

00:35:52,020 --> 00:35:52,953

Do you take sugar?

529

00:35:55,335 --> 00:35:58,318

- I'll try it plain, I’ll try to do it bland. Let's see.

530

00:35:58,318 --> 00:36:01,270

- Okay, you know. You know.

531

00:36:01,270 --> 00:36:03,300

Okay, so essential oil.

532

00:36:03,300 --> 00:36:04,133

How you feeling?

533

00:36:04,133 --> 00:36:05,355

What do you need?

534

00:36:05,355 --> 00:36:06,885

- Oh man. I feel, sluggish--

535

00:36:06,885 --> 00:36:09,617

- You need, sluggish, so

do you want some citrus?

536

00:36:10,860 --> 00:36:11,693

Okay.

537

00:36:14,271 --> 00:36:15,750

- Ooh.

538

00:36:15,750 --> 00:36:17,418

This is just what I need, yes.

539

00:36:17,418 --> 00:36:18,840

- [Mati] Yeah?

- Yes.

540

00:36:18,840 --> 00:36:21,030

Yeah, to help to clear out my airway.

541

00:36:21,030 --> 00:36:22,800

- Good.

- Like, be able to breathe.

542

00:36:22,800 --> 00:36:26,380

- Breathe. It's important.

- That smells good.

543

00:36:26,380 --> 00:36:28,410

- [Mati] Yeah, that one gives you a kick.

544

00:36:28,410 --> 00:36:29,243

- Right.

545

00:36:30,330 --> 00:36:32,610

- [Mati] And then you

can put it over here.

546

00:36:32,610 --> 00:36:34,770

Yeah, you want iced tea?

547

00:36:34,770 --> 00:36:35,850

- Yes, please.

548

00:36:35,850 --> 00:36:37,050

- [Mati] You could keep sniffing.

549

00:36:37,050 --> 00:36:38,880

- Yeah, this is actually good.

(ice cubes clunking)

550

00:36:38,880 --> 00:36:40,920

This is like literally

what I need right now.

551

00:36:40,920 --> 00:36:42,270

- [Mati] How much time do you guys take

552

00:36:42,270 --> 00:36:44,820

to check in with your

own body when you're here?

553

00:36:44,820 --> 00:36:46,860

- Oh man, never.

554

00:36:46,860 --> 00:36:48,933

- Okay, there we go.

- Okay.

555

00:36:50,700 --> 00:36:52,800

- There we go.

- Right.

556

00:36:52,800 --> 00:36:54,050

- You want sugar?

- Yes.

557

00:36:55,190 --> 00:36:56,601

- Okay.

558

00:36:56,601 --> 00:36:58,740

559

00:36:58,740 --> 00:36:59,573

Last one.

560

00:37:01,372 --> 00:37:04,080

Okay. There we go.

- All right.

561

00:37:23,081 --> 00:37:25,748

(phone ringing)

562

00:37:39,397 --> 00:37:40,230

- [Elana] Hello.

563

00:37:40,230 --> 00:37:41,940

- Hi, Elana?

564

00:37:41,940 --> 00:37:43,287

- [Elana] Hi.

565

00:37:43,287 --> 00:37:47,400

- Hi, it's Chaplain Margaret

calling. Is now a good time?

566

00:37:47,400 --> 00:37:50,370

- [Elana] Yeah, I remember.

I have your number saved.

567

00:37:50,370 --> 00:37:55,370

- Yeah. I am so sorry for your loss.

568

00:37:56,670 --> 00:38:01,252

I am so sorry.

569

00:38:01,252 --> 00:38:02,403

- [Elana] Thank you.

570

00:38:03,436 --> 00:38:06,186

(Elana coughing)

571

00:38:07,290 --> 00:38:11,460

I know he passed away like

30 minutes after I left.

572

00:38:11,460 --> 00:38:12,293

- Yeah.

573

00:38:19,650 --> 00:38:24,650

And he also seemed very,

very calm and not in pain.

574

00:38:26,580 --> 00:38:27,513

- [Elana] Yeah.

575

00:38:28,620 --> 00:38:31,443

- Not that that lifts anything, but…

576

00:38:33,509 --> 00:38:35,641

- [Elana] Yeah, at least

he wasn't hurting though.

577

00:38:35,641 --> 00:38:37,574

- Yeah.

578

00:38:37,574 --> 00:38:39,241

Yeah. Oy. I am so sorry.

579

00:38:42,532 --> 00:38:44,370

- [Elana] Thank you,

I appreciate you calling.

580

00:38:44,370 --> 00:38:46,713

- Of course, and how is Alla doing?

581

00:38:47,970 --> 00:38:50,400

- [Elana] I was just on the

phone with her when you called.

582

00:38:50,400 --> 00:38:52,443

She is devastated.

583

00:38:57,120 --> 00:38:58,780

Yesterday was the funeral

584

00:39:01,320 --> 00:39:06,320

and she's like, just really,

really worried about me

585

00:39:09,994 --> 00:39:12,330

'cause like I got really,

really, really, really,

586

00:39:12,330 --> 00:39:14,710

excuse my language, fucked up yesterday

587

00:39:17,010 --> 00:39:20,253

and she's just scared that

I'm gonna like spiral.

588

00:39:22,980 --> 00:39:26,253

- Do you share the same concerns as her?

589

00:39:28,380 --> 00:39:31,030

- [Elana] I don't really

care about myself right now.

590

00:39:32,010 --> 00:39:33,483

- What do you care about?

591

00:39:37,320 --> 00:39:38,470

- [Elana] I don't know.

- Mmm

592

00:39:40,934 --> 00:39:41,767

Okay.

593

00:39:45,690 --> 00:39:49,530

Is this your first

experience with a major loss?

594

00:39:49,530 --> 00:39:50,753

- Yes.

- Okay.

595

00:39:56,070 --> 00:40:01,070

So… I just wanna give you permission

596

00:40:01,560 --> 00:40:06,560

for being in the unknown

and having no expectations

597

00:40:06,660 --> 00:40:10,860

for how you should feel or what

you should be going through, or…

598

00:40:10,860 --> 00:40:15,860

whatever is, is okay and enough.

599

00:40:19,560 --> 00:40:21,036

- [Elana] Thank you.

600

00:40:21,036 --> 00:40:21,869

- Okay?

601

00:40:26,730 --> 00:40:30,630

- [Elana] What do you believe,

like, happens after death?

602

00:40:30,630 --> 00:40:33,400

I'm not too familiar with, like…,

Uh, Judaism.

603

00:40:38,820 --> 00:40:39,653

- Yeah. Um…

604

00:40:44,640 --> 00:40:48,810

Well, I could speak

from my own perspective

605

00:40:48,810 --> 00:40:50,800

and then I could speak somewhat

606

00:40:52,140 --> 00:40:54,600

from like a Jewish

theological perspective,

607

00:40:54,600 --> 00:40:57,810

but I'm gonna differentiate

those two, okay?

608

00:40:57,810 --> 00:41:01,683

- [Elana] Okay, I'd like to

hear yours first. Definitely.

609

00:41:07,620 --> 00:41:10,920

- I don't always choose to

share private information

610

00:41:10,920 --> 00:41:15,840

or personal information

with my patients or family,

611

00:41:15,840 --> 00:41:18,973

but in this moment it feels appropriate.

612

00:41:21,990 --> 00:41:23,010

- [Elana] Thank you.

613

00:41:23,010 --> 00:41:26,970

- I lost my father pretty suddenly

614

00:41:26,970 --> 00:41:29,550

and I would also say tragically.

615

00:41:29,550 --> 00:41:32,250

- I'm so sorry.

- In 2016.

616

00:41:32,250 --> 00:41:37,250

So I have my own

experience and relationship

617

00:41:37,260 --> 00:41:42,260

with profound grief when it's

unexpected and quite complex.

618

00:41:45,180 --> 00:41:46,290

- [Elana] Yeah.

619

00:41:46,290 --> 00:41:51,290

- I will say that it has

turned my life upside down

620

00:41:51,630 --> 00:41:55,140

in ways that, while I

was going through it,

621

00:41:55,140 --> 00:41:59,730

it felt like hell, but

now that I am somewhat

622

00:41:59,730 --> 00:42:03,903

on the other side of it,

I realize was a gift.

Um…

623

00:42:07,182 --> 00:42:12,182

I…I have come to

kind of like a

place of comfort in feeling,

624

00:42:15,390 --> 00:42:18,060

and this is more of an intuition

625

00:42:18,060 --> 00:42:20,250

or I guess a personal belief.

626

00:42:20,250 --> 00:42:22,140

I can't back it up with any data,

627

00:42:22,140 --> 00:42:24,520

but it's a personal belief and perspective,

628

00:42:25,770 --> 00:42:29,580

given my line of work,

629

00:42:29,580 --> 00:42:32,920

that when a soul is finished with its work

630

00:42:34,020 --> 00:42:39,020

and its reason for

being alive in its body,

631

00:42:40,700 --> 00:42:45,700

in its current body, is

complete,

death is okay.

632

00:42:53,700 --> 00:42:57,780

- [Elana] What you said earlier

about the reincarnation,

633

00:42:57,780 --> 00:43:00,990

like if the soul's work isn't done,

634

00:43:00,990 --> 00:43:04,020

then they come back

in another body or form.

635

00:43:04,020 --> 00:43:05,973

Ben was so scared of that.

- [Mati] Hm.

636

00:43:08,460 --> 00:43:13,460

Like he just, he told me

that um…

he was scared that like

637

00:43:14,310 --> 00:43:16,120

he would just keep coming back

638

00:43:20,040 --> 00:43:23,583

and living the same life.

639

00:43:26,640 --> 00:43:28,233

- Yeah, I mean,

640

00:43:30,540 --> 00:43:35,540

death is scary, because it's

unknown territory, right?

641

00:43:37,470 --> 00:43:38,303

- [Elana] Yeah.

642

00:43:38,303 --> 00:43:40,680

- If anybody tells you they

know an answer of where we go

643

00:43:40,680 --> 00:43:44,343

or what happens, I would

say don't believe them.

644

00:43:45,720 --> 00:43:46,620

We don't know.

645

00:43:46,620 --> 00:43:48,510

- [Elana] No one knows.

646

00:43:48,510 --> 00:43:52,623

- We have ideas, intuitions,

maybe like traditions,

647

00:43:54,690 --> 00:43:59,010

but what I can say is

that when I was with him

648

00:43:59,010 --> 00:44:02,403

before he went to the ICU,

649

00:44:03,570 --> 00:44:08,570

he was at peace, he was calm

and he was well-supported.

650

00:44:14,460 --> 00:44:19,460

And um…

I guess…

just let the tears come.

651

00:44:21,720 --> 00:44:23,493

It's love. Right?

652

00:44:24,420 --> 00:44:25,253

- [Elana] Yeah.

653

00:44:25,253 --> 00:44:29,260

- It's love and things

will change and shift

654

00:44:30,570 --> 00:44:34,623

and just allow, allow, allow

whatever comes.

655

00:44:38,430 --> 00:44:40,380

There's no right way to grieve.

656

00:44:40,380 --> 00:44:44,043

There's no specific way to grieve.

657

00:44:45,120 --> 00:44:46,863

It will come, it will go,

658

00:44:49,470 --> 00:44:52,080

and there are ways to honor

him while you're here.

659

00:44:55,211 --> 00:44:56,461

- [Elana] Yeah.

660

00:45:00,441 --> 00:45:03,108

(quiet beeping)

661

00:45:26,051 --> 00:45:29,384

(quiet traffic humming)

662

00:45:35,295 --> 00:45:38,045

(birds chirping)

(runners’ footsteps on path)

663

00:45:53,585 --> 00:45:56,301

- Good morning.

664

00:45:56,301 --> 00:46:00,968

(staff chatting in background)

665

00:46:27,617 --> 00:46:31,784

(chaplain residents laughing and chatting)

666

00:46:39,638 --> 00:46:40,471

- Okay.

(clearing throat)

667

00:46:43,830 --> 00:46:46,860

- [Mati] Um, I'm just gonna lift that

I still have a headache

668

00:46:46,860 --> 00:46:50,100

and I'm gonna go slow, and as usual,

669

00:46:50,100 --> 00:46:51,700

there's always a lot of content.

670

00:46:52,830 --> 00:46:55,507

So I'm gonna pace myself, okay?

671

00:46:55,507 --> 00:46:58,110

"So I knew that the primary medical team

672

00:46:58,110 --> 00:47:00,228

had been experiencing great difficulty

673

00:47:00,228 --> 00:47:03,753

with the patient's family

and their communication style.

674

00:47:05,850 --> 00:47:08,610

This was evident to all

given that the patient's wife

675

00:47:08,610 --> 00:47:12,330

was often hysterically crying

very loudly on the unit,

676

00:47:12,330 --> 00:47:14,613

both at bedside and in the hallways.

677

00:47:15,630 --> 00:47:18,060

She would move around her husband's bed,

678

00:47:18,060 --> 00:47:21,750

placing aloe vera leaves

all over his skin."

679

00:47:21,750 --> 00:47:22,800

I wrote *patshing*.

680

00:47:22,800 --> 00:47:26,220

It's kind of like a Yiddish

way of saying hitting,

681

00:47:26,220 --> 00:47:28,710

but that's what it felt…

that's what it seemed like.

682

00:47:28,710 --> 00:47:33,710

She like hitting her husband

like that to make him wake up,

683

00:47:34,980 --> 00:47:37,203

which was kind of disturbing.

684

00:47:40,597 --> 00:47:42,757

So transference, countertransference.

685

00:47:42,757 --> 00:47:45,183

"The patient's wife reminded me of myself.

686

00:47:46,290 --> 00:47:51,240

It reminded me of my

three-year-long acute grief

687

00:47:51,240 --> 00:47:53,430

after my father's death and my inability

688

00:47:53,430 --> 00:47:55,230

to live without my heart feeling like

689

00:47:55,230 --> 00:47:57,093

it was falling out of my chest.

690

00:47:58,440 --> 00:47:59,970

I would often come home from classes

691

00:47:59,970 --> 00:48:01,560

and all I could do was get in the bath,

692

00:48:01,560 --> 00:48:03,810

the closest feeling to being held in warm

693

00:48:03,810 --> 00:48:07,080

and compassionate hands when far from home

694

00:48:07,080 --> 00:48:08,763

and community of origin.

695

00:48:10,020 --> 00:48:12,660

The wife's hysteria

reminded me of my mother

696

00:48:12,660 --> 00:48:15,390

when she first left the

ultra-Orthodox community

697

00:48:15,390 --> 00:48:17,430

and did not have access

to certain cultural

698

00:48:17,430 --> 00:48:20,670

and educational resources and literacies,

699

00:48:20,670 --> 00:48:23,130

and often found herself

struggling to protect her voice

700

00:48:23,130 --> 00:48:24,630

against institutional systems

701

00:48:24,630 --> 00:48:26,640

that were more powerful than her.

702

00:48:26,640 --> 00:48:28,800

She would use her

hysteria to move mountains

703

00:48:28,800 --> 00:48:30,450

when all else failed.

704

00:48:30,450 --> 00:48:33,300

Lack of desire to live

any longer due to acute

705

00:48:33,300 --> 00:48:36,087

spiritual and emotional

distress.”

That's my dad.

706

00:48:37,080 --> 00:48:39,813

That's something that was

triggered here as well.

707

00:48:40,980 --> 00:48:45,010

So the whole thing felt very

frightening. Very disturbing.

708

00:48:50,430 --> 00:48:54,603

- Complicated. So what do

you need from this verbatim?

709

00:48:57,120 --> 00:49:00,330

- This is one of these cases

where I wanna be able to like

710

00:49:00,330 --> 00:49:03,153

make like a protection around myself.

711

00:49:03,153 --> 00:49:05,910

Like these are cases that like I hand off

712

00:49:05,910 --> 00:49:10,623

because it's too close to

home, it's too triggering,

713

00:49:11,460 --> 00:49:14,580

and this person is

weighing on me because like

714

00:49:14,580 --> 00:49:17,407

I actually believe her when she says,

715

00:49:17,407 --> 00:49:19,470

I will go and kill myself.

716

00:49:19,470 --> 00:49:24,470

And I cannot just like put

up a boundary and be like,

717

00:49:24,757 --> 00:49:28,830

Well, my working hours

are from Monday to Friday

718

00:49:28,830 --> 00:49:32,070

and I'm on PTO on this day,

and so therefore, like, no.

719

00:49:32,070 --> 00:49:35,850

This is one of those --

[David] Why not?

- Life and death, no.

720

00:49:35,850 --> 00:49:38,730

It's against my personal

moral code of ethics.

721

00:49:38,730 --> 00:49:40,920

If somebody's in a life

and death situation

722

00:49:40,920 --> 00:49:43,403

where they might take their

life, I will answer the phone.

723

00:49:44,640 --> 00:49:47,730

- [David] So how do you--

You chose to answer the phone,

but you can't know

724

00:49:47,730 --> 00:49:52,380

what's

gonna be conveyed to you

when you answer the phone.

725

00:49:52,380 --> 00:49:53,550

726

00:49:53,550 --> 00:49:54,383

- No.

727

00:49:54,383 --> 00:49:56,730

- So why did you answer

your phone on your day off?

728

00:49:56,730 --> 00:49:58,650

- Because I won't know what's

gonna be conveyed to me

729

00:49:58,650 --> 00:50:03,650

if I answer the phone and that

person might hurt themselves.

730

00:50:04,350 --> 00:50:05,970

- You're very insistent right now

731

00:50:05,970 --> 00:50:08,140

on not setting certain boundaries

732

00:50:09,360 --> 00:50:12,720

and I think that merits serious

consideration on your part

733

00:50:12,720 --> 00:50:16,260

because it's connected to

the other serious concern

734

00:50:16,260 --> 00:50:19,023

that you've been raising,

which is your depletion.

735

00:50:20,970 --> 00:50:22,570

And I don't think you can have both.

736

00:50:23,700 --> 00:50:25,770

- It felt like there was nobody.

737

00:50:25,770 --> 00:50:27,637

The social worker was like,

738

00:50:27,637 --> 00:50:29,820

Discharge, discharge,

discharge, I don't care.

739

00:50:29,820 --> 00:50:31,230

Like, the wife is not suicidal.

740

00:50:31,230 --> 00:50:32,610

It doesn't matter that she had a plan.

741

00:50:32,610 --> 00:50:35,250

It doesn't matter that

she said all those things.

742

00:50:35,250 --> 00:50:37,200

We're not even gonna chart it as that.

743

00:50:39,780 --> 00:50:42,480

- But that doesn't address

the boundary-setting issue.

744

00:50:47,610 --> 00:50:52,610

- It does for me, it does.

Because it would harm me to know

745

00:50:53,670 --> 00:50:56,730

that somebody took

their life because nobody else

746

00:50:56,730 --> 00:50:58,410

was available to pick up the phone

747

00:50:58,410 --> 00:51:00,273

and I was technically on PTO.

748

00:51:01,650 --> 00:51:04,350

- Right, but that assumes

that you're the only person,

749

00:51:06,330 --> 00:51:07,163

and you're not.

750

00:51:13,590 --> 00:51:16,650

So I'm looking for structural

ways for you to set boundaries

751

00:51:16,650 --> 00:51:20,790

so that you can preserve

yourself and not hit the point

752

00:51:20,790 --> 00:51:25,410

of fatigue and depletion

that you've been expressing

753

00:51:25,410 --> 00:51:27,003

over the last several weeks.

754

00:51:30,660 --> 00:51:31,920

So that's where I'm coming from.

755

00:51:31,920 --> 00:51:34,980

I also wanna challenge

what might be some sort

756

00:51:34,980 --> 00:51:37,290

of unconscious mental model of yours

757

00:51:37,290 --> 00:51:40,987

that sort of presents itself as,

758

00:51:40,987 --> 00:51:43,187

I'm the only one who

can fix this problem.

759

00:51:44,400 --> 00:51:46,410

And I don't think that's the case.

760

00:51:46,410 --> 00:51:48,710

So that's a part that I

want you to reflect on

761

00:51:51,990 --> 00:51:52,980

and we can take it up more

762

00:51:52,980 --> 00:51:56,403

in individual supervision on Thursday.

763

00:52:03,989 --> 00:52:07,322

(paint rollers lightly squelching)

(paper rustling)

764

00:52:55,210 --> 00:52:56,760

- Can I ask you a question?

765

00:52:56,760 --> 00:52:57,810

- [David] Mm-hmm.

766

00:52:57,810 --> 00:53:02,110

- I'm curious if you, from

your perspective, feel like

767

00:53:05,430 --> 00:53:10,140

this residency has been

successful both for me

768

00:53:10,140 --> 00:53:12,183

and for my placement in the cohort.

769

00:53:14,430 --> 00:53:16,113

- Successful, hm.

770

00:53:19,620 --> 00:53:20,940

Well, that's an interesting question.

771

00:53:20,940 --> 00:53:25,353

I was kind of…it's a

surprising question to me.

772

00:53:27,356 --> 00:53:30,960

I don't know if I would

evaluate it in those terms,

773

00:53:30,960 --> 00:53:33,513

success or not successful.

774

00:53:36,930 --> 00:53:40,740

I'm wondering if we have

mutually agreed upon goals.

775

00:53:40,740 --> 00:53:42,180

- Yeah, me too.

- For you, okay.

776

00:53:42,180 --> 00:53:43,830

- Yeah, I am wondering about that too.

777

00:53:43,830 --> 00:53:46,500

- Yeah, and I can tell you what my goal is

778

00:53:46,500 --> 00:53:49,503

and then we can see

if it's similar to your goal.

779

00:53:50,760 --> 00:53:52,440

The fact that the issues have surfaced,

780

00:53:52,440 --> 00:53:54,693

I think are a mark of success.

781

00:53:55,770 --> 00:53:57,660

Now we have a couple of months.

782

00:53:57,660 --> 00:53:59,310

What can we do?

783

00:53:59,310 --> 00:54:00,840

What I want you to do,

784

00:54:00,840 --> 00:54:03,910

what I wanna do with you

is I want you to explore

785

00:54:05,220 --> 00:54:08,220

rather than explain, because

I know you can explain,

786

00:54:08,220 --> 00:54:09,780

I know you have hypotheses,

787

00:54:09,780 --> 00:54:12,330

I know you have a mental

model and I think sometimes

788

00:54:12,330 --> 00:54:16,120

those get in your way of

exploring the experience right now

789

00:54:17,160 --> 00:54:18,543

and learning something new.

790

00:54:22,320 --> 00:54:25,710

- Okay, I can join you in the assessment

791

00:54:25,710 --> 00:54:30,327

that I'm quite good at explaining

and need more

792

00:54:31,440 --> 00:54:33,663

experience and spaciousness for exploring.

793

00:54:35,490 --> 00:54:38,583

That pivot feels very accurate.

794

00:54:39,810 --> 00:54:44,810

Keeping my thoughts and

my statements open-ended,

795

00:54:45,180 --> 00:54:47,130

question mark at the end.

796

00:54:47,130 --> 00:54:50,760

I need more information. Yes.

797

00:54:50,760 --> 00:54:54,090

- Okay, curiosity, good.

798

00:54:54,090 --> 00:54:55,953

- It's a join and a difference here.

799

00:54:56,790 --> 00:55:00,630

You know, Tuesday was a

really meaningful day for me

800

00:55:00,630 --> 00:55:04,590

in many ways and very

frustrating because I did feel

801

00:55:04,590 --> 00:55:09,300

your care for me or space

for, like, maybe holding

802

00:55:09,300 --> 00:55:12,213

my intensity, like, was waning.

803

00:55:14,400 --> 00:55:17,310

It did feel like there was a fissure

804

00:55:17,310 --> 00:55:20,193

or like a breaking of trust.

805

00:55:21,090 --> 00:55:25,090

- Mm-hmm. So my communication…

806

00:55:28,080 --> 00:55:32,880

sounds like really closed your boundaries

807

00:55:32,880 --> 00:55:35,433

and caused you to start questioning.

808

00:55:37,500 --> 00:55:41,970

I'm not sure exactly what

our relationship, my...

809

00:55:41,970 --> 00:55:43,740

- I would say your empathy.

- Hearing.

810

00:55:43,740 --> 00:55:44,580

- Okay.

811

00:55:44,580 --> 00:55:48,123

- It felt like the rules went

up, the empathy went down.

812

00:55:48,960 --> 00:55:51,213

That's what I experienced.

- Mm-hmm.

813

00:55:53,250 --> 00:55:54,900

And sometimes that happens

814

00:55:54,900 --> 00:55:56,600

when there's stress in the system.

815

00:55:57,480 --> 00:55:59,569

- Yeah, for sure.

(David chuckling)

816

00:55:59,569 --> 00:56:00,630

That is true.

817

00:56:00,630 --> 00:56:03,870

- Yeah, but receiving

that was very difficult

818

00:56:03,870 --> 00:56:07,210

because it felt like I

didn't feel cared about

819

00:56:08,070 --> 00:56:10,860

and I didn't feel invested in,

820

00:56:10,860 --> 00:56:15,510

and I feel like I'm being blamed or shamed

821

00:56:15,510 --> 00:56:18,930

for ringing the bell when I say,

822

00:56:18,930 --> 00:56:20,853

this feels too much for my body.

823

00:56:22,710 --> 00:56:26,340

Or the ride is going too fast,

824

00:56:26,340 --> 00:56:28,830

it needs to slow down a little bit.

825

00:56:28,830 --> 00:56:31,470

Or something's not right.

826

00:56:31,470 --> 00:56:33,930

And it could be that

there's learning goals here

827

00:56:33,930 --> 00:56:36,870

that relate to like, you

know, the core issue.

828

00:56:36,870 --> 00:56:40,110

It could very well be,

and I'm receptive to that.

829

00:56:40,110 --> 00:56:45,110

But it felt like the care,

the empathy, and the curiosity

830

00:56:46,380 --> 00:56:51,380

was replaced with rules and,

Sit down and eat your broccoli

831

00:56:53,940 --> 00:56:55,980

and make sure that you clean it up

832

00:56:55,980 --> 00:56:58,293

and put it in the dishwasher and chart it.

833

00:56:59,551 --> 00:57:02,301

(David laughing)

834

00:57:03,960 --> 00:57:05,220

- Mm-hmm.

835

00:57:05,220 --> 00:57:06,360

- You know what I mean?

836

00:57:06,360 --> 00:57:08,430

- I do, I do, I do know what you mean.

837

00:57:09,477 --> 00:57:10,860

I'm not laughing at you.

838

00:57:10,860 --> 00:57:13,560

I'm laughing in recognition

of what you're describing.

839

00:57:14,865 --> 00:57:15,865

It really resonates.

840

00:57:21,360 --> 00:57:26,360

Yes, so you're reminding me

of my stepdaughter's feedback

841

00:57:26,820 --> 00:57:30,330

and that's just an acknowledgement.

842

00:57:30,330 --> 00:57:34,593

Sometimes I do get rigid and

it comes across as uncaring,

843

00:57:36,030 --> 00:57:38,640

different from the

relationship that we've built,

844

00:57:38,640 --> 00:57:43,437

so I'm saying that to

validate what you're saying.

845

00:57:45,360 --> 00:57:49,040

I hear you and it resonates

with me and…

I got tense

846

00:57:52,680 --> 00:57:56,493

and I’m sorry that it had that impact on you.

847

00:58:27,639 --> 00:58:30,556

(elevator dinging)

848

00:58:36,420 --> 00:58:37,970

- [Elevator Voice] First floor.

849

00:58:39,210 --> 00:58:42,930

- Are there specific words

that you say during a baptism?

850

00:58:42,930 --> 00:58:43,830

- [Chaplain] Yeah.

851

00:58:43,830 --> 00:58:45,780

- Do you know them by heart?

852

00:58:45,780 --> 00:58:48,359

Do we have like a card or something?

853

00:58:48,359 --> 00:58:49,637

- [Chaplain] We have a book.

854

00:58:49,637 --> 00:58:51,960

- We have a book?

- Yeah.

855

00:58:51,960 --> 00:58:53,400

- Okay, it's an emergency

856

00:58:53,400 --> 00:58:56,793

so I'm gonna grab the holy

water while that gets located.

857

00:58:57,870 --> 00:58:58,703

Is it there?

858

00:59:00,140 --> 00:59:02,370

- [Chaplain] Well, yeah, but

I mean it's 15 pages long.

859

00:59:02,370 --> 00:59:03,780

- [Mati] Well, I'm just

gonna take a bit of it

860

00:59:03,780 --> 00:59:05,340

and I'll improvise.

861

00:59:05,340 --> 00:59:06,720

- [Chaplain] Yeah, I

mean you'll figure out

862

00:59:06,720 --> 00:59:08,430

what to skip and what to include.

863

00:59:08,430 --> 00:59:09,903

I do the same thing.

864

00:59:10,748 --> 00:59:12,294

- Okay.

865

00:59:12,294 --> 00:59:13,794

- Yeah.

- Awesome.

866

00:59:14,766 --> 00:59:16,020

- 127.

- Oh my,

867

00:59:16,020 --> 00:59:19,380

I was just about to

like, my heart dropped.

868

00:59:19,380 --> 00:59:21,692

If you can't tell, I'm nervous.

869

00:59:21,692 --> 00:59:23,430

(chaplain laughing)

870

00:59:23,430 --> 00:59:24,473

Can you tell?

871

00:59:24,473 --> 00:59:26,400

(chaplain coughing)

872

00:59:26,400 --> 00:59:27,570

- [Chaplain] I get really nervous

873

00:59:27,570 --> 00:59:30,180

every time I do a baptism.

874

00:59:30,180 --> 00:59:31,593

- Very nerve-racking.

875

00:59:35,160 --> 00:59:35,993

Okay.

876

00:59:37,650 --> 00:59:38,883

Let's go.

877

00:59:40,980 --> 00:59:45,603

Adding this to the fanny pack.

And this.

878

00:59:50,490 --> 00:59:52,670

See ya in a bit, thank you, thank you.

879

00:59:52,670 --> 00:59:54,873

- Oh, okay, good luck.

- Thanks.

880

00:59:57,908 --> 01:00:00,404

(hospital staff chatting)

881

01:00:00,404 --> 01:00:02,370

- [Nurse] Okay, the chaplain is

here at the front desk.

883

01:00:03,840 --> 01:00:04,920

- [Mati] Where should I meet her?

884

01:00:04,920 --> 01:00:06,323

- [Nurse] Where should she meet you?

885

01:00:09,827 --> 01:00:13,440

- It was, uh, twins and one passed away.

886

01:00:13,440 --> 01:00:16,340

- Okay, so one made it and one's passed.

887

01:00:16,340 --> 01:00:18,330

Do we have baby names?

888

01:00:18,330 --> 01:00:22,107

- Yeah, one is Isabella

and one is Aurora, I believe.

889

01:00:22,107 --> 01:00:25,230

- The one that's with us now

that passed, what's her name?

890

01:00:25,230 --> 01:00:27,840

- So the one that passed

Aurora, I believe.

891

01:00:27,840 --> 01:00:28,920

- Can we confirm that?

892

01:00:28,920 --> 01:00:30,240

- Yeah, I can confirm.

893

01:00:30,240 --> 01:00:32,620

- And mom's name is Layla Sue?

894

01:00:32,620 --> 01:00:34,024

- Yeah, I think it's Leila.

895

01:00:34,024 --> 01:00:34,857

- Leila?

896

01:00:34,857 --> 01:00:35,690

- The way she pronounces it, yeah.

897

01:00:35,690 --> 01:00:37,713

- That's very helpful, thank you.

898

01:00:49,620 --> 01:00:51,483

Mom, do you wanna hold Aurora?

899

01:00:52,410 --> 01:00:53,243

Is it okay?

900

01:00:55,661 --> 01:00:56,494

Okay.

901

01:01:00,439 --> 01:01:01,272

Okay.

902

01:01:11,440 --> 01:01:15,723

Okay, so I'm gonna baptize her.

Okay?

903

01:01:24,120 --> 01:01:27,020

Let's just take a couple deep

breaths together and center.

904

01:01:57,035 --> 01:01:58,712

Beautiful, okay.

905

01:01:58,712 --> 01:01:59,545

(mom crying)

906

01:01:59,545 --> 01:02:01,680

Okay, we got this, we got this.

907

01:02:01,680 --> 01:02:02,610

It's okay if I begin?

908

01:02:02,610 --> 01:02:03,753

- Of course.

- Okay.

909

01:02:05,827 --> 01:02:09,900

"The sacrament of baptism is

an outward and visible sign

910

01:02:09,900 --> 01:02:14,580

of the grace of God and as much

as the promise of the Gospel

911

01:02:14,580 --> 01:02:17,790

is not only to us, but to our children.

912

01:02:17,790 --> 01:02:21,543

Baptism with water and the

Holy Spirit is the mark.

913

01:02:22,530 --> 01:02:25,950

Baptism is a sacrament

through which we are united

914

01:02:25,950 --> 01:02:28,470

to Jesus Christ and given part

915

01:02:28,470 --> 01:02:31,113

in Christ's ministry of reconciliation.

916

01:02:32,040 --> 01:02:35,770

Baptism is a visible sign

of an invisible event

917

01:02:36,630 --> 01:02:39,207

as though thou art alive."

918

01:02:48,765 --> 01:02:53,432

In the name of the Father,

the Son, and the Holy Spirit,

919

01:02:56,578 --> 01:02:58,078

I bless you. Amen.

920

01:03:01,127 --> 01:03:05,460

And Dad, I would like you

to do the same if you can. Okay?

921

01:03:07,589 --> 01:03:12,256

In the name of the Father,

the Son, and the Holy Spirit.

922

01:03:15,531 --> 01:03:16,950

- Amen.

- Amen.

923

01:03:16,950 --> 01:03:17,783

- Beautiful.

924

01:03:19,418 --> 01:03:20,251

Okay.

(medical device buzzing)

925

01:03:29,430 --> 01:03:32,872

She had life in your body. Right?

926

01:03:32,872 --> 01:03:34,080

- Yeah.

927

01:03:34,080 --> 01:03:37,560

- She had life.

- Yes, very lively.

928

01:03:37,560 --> 01:03:40,110

- And she had purpose in your body.

929

01:03:40,110 --> 01:03:42,510

And we don't have access

to what that was about.

930

01:03:43,560 --> 01:03:46,650

But we did our part and you did your part.

931

01:03:46,650 --> 01:03:47,643

You delivered her.

932

01:03:51,960 --> 01:03:53,013

And she's beautiful.

933

01:03:54,780 --> 01:03:55,620

- [Mom] Yes.

934

01:03:55,620 --> 01:03:56,703

- She's beautiful.

935

01:04:00,403 --> 01:04:02,043

- [Mom] Thank you.

- You got it.

936

01:04:06,360 --> 01:04:08,127

- Is there anything else

I can do for both of you?

937

01:04:08,127 --> 01:04:10,142

- [Dad] You don't have a Bible, do you?

938

01:04:10,142 --> 01:04:12,930

- I do, I do, do you want--

939

01:04:12,930 --> 01:04:14,430

- [Dad] Jeremiah 29.

940

01:04:14,430 --> 01:04:17,103

- [Mati] You wanna, yeah,

go for it, go for it.

941

01:04:25,867 --> 01:04:27,660

- "'For I know the plans I have for you,'"

942

01:04:27,660 --> 01:04:29,487

declares the Lord, 'Plans to prosper you

943

01:04:29,487 --> 01:04:30,840

and not to harm you.

944

01:04:30,840 --> 01:04:33,110

Plans to give you hope and a future.'"

945

01:04:34,020 --> 01:04:34,853

- [Mati] Mm.

946

01:04:38,580 --> 01:04:39,413

Yeah.

947

01:04:39,413 --> 01:04:41,540

- You know, I think that's,

you know, for all of us.

948

01:04:45,540 --> 01:04:47,100

We have hope in the future

949

01:04:47,100 --> 01:04:52,100

and I know she does in a more…

(dad sighing)

celestial plane, let's say,

950

01:04:53,640 --> 01:04:56,280

and you know, we're

excited about her sister

951

01:04:56,280 --> 01:05:00,720

and her big brother and everyone

952

01:05:00,720 --> 01:05:03,303

in the family, feels blessed.

953

01:05:06,840 --> 01:05:09,510

At the same time, we feel

extremely heartbroken

954

01:05:09,510 --> 01:05:12,450

that she couldn't make

it out with her sister.

955

01:05:12,450 --> 01:05:13,283

- Yeah.

956

01:05:19,680 --> 01:05:24,680

Lord, our God, Eternal One,

please bless this family.

957

01:05:25,920 --> 01:05:30,920

Bless this family to know and

to hold the complexity of life

958

01:05:30,930 --> 01:05:34,290

in their bodies as they have known

959

01:05:34,290 --> 01:05:39,290

for these last several

months. To be able to grieve,

960

01:05:39,960 --> 01:05:43,560

to be able to celebrate, simultaneously,

961

01:05:43,560 --> 01:05:46,410

is one of the hardest

tasks you have given us

962

01:05:46,410 --> 01:05:47,733

and we take it on.

963

01:05:50,280 --> 01:05:55,280

We ask you, God, to bless

Aurora.

964

01:05:55,500 --> 01:06:00,450

Bless her life, bless her heart,

bless her to know she always has a sister,

965

01:06:00,450 --> 01:06:03,663

always has a companion that

she shared the womb with.

966

01:06:05,610 --> 01:06:09,090

Bless her to know that her

parents are only stronger

967

01:06:09,090 --> 01:06:11,790

and more fortified by this experience

968

01:06:11,790 --> 01:06:14,800

and that Aurora will

remain an eternal teacher

969

01:06:16,110 --> 01:06:18,690

and have a place in our home to reside

970

01:06:18,690 --> 01:06:21,333

whenever her spirit wants to visit.

971

01:06:22,770 --> 01:06:25,650

We thank you, Eternal

One, for the complexity

972

01:06:25,650 --> 01:06:28,260

of this experience and

the ways that Aurora

973

01:06:28,260 --> 01:06:30,730

has taught us and will

continue to teach us

974

01:06:31,740 --> 01:06:35,583

how to be great parents,

community members, mother.

975

01:06:40,050 --> 01:06:43,440

We thank you and we will

grieve and we will celebrate

976

01:06:43,440 --> 01:06:47,670

simultaneously, at once,

as we are obligated.

977

01:06:47,670 --> 01:06:49,796

We thank you God, amen.

978

01:06:49,796 --> 01:06:51,319

- [Mom] Amen.

979

01:06:51,319 --> 01:06:52,227

- [Dad] Amen.

980

01:06:52,227 --> 01:06:53,394

- Amen.

981

01:06:59,890 --> 01:07:00,723

Okay.

982

01:07:02,674 --> 01:07:04,228

Mom, you good?

- Yeah, thank you.

983

01:07:04,228 --> 01:07:06,395

- Yeah, thank you.

- Okay.

984

01:07:10,892 --> 01:07:13,642

(birds chirping)

985

01:07:15,600 --> 01:07:18,767

(bird wings flapping)

986

01:07:19,636 --> 01:07:22,386

(birds chirping)

(bird wings flapping)

987

01:07:38,197 --> 01:07:41,364

(engine rumbling)

988

01:08:00,846 --> 01:08:03,846

(garbage crunching)

989

01:08:10,365 --> 01:08:13,782

(computer keys clicking)

990

01:08:22,011 --> 01:08:23,765

(computer dinging)

991

01:08:23,765 --> 01:08:26,240

- All right.

- [David] Okay.

992

01:08:26,240 --> 01:08:28,233

- Okay.

- Technical stuff, all right.

993

01:08:29,089 --> 01:08:33,120

- All right, now are ya here?

994

01:08:33,120 --> 01:08:36,231

- [David] I'm here, yeah,

yeah, I do feel here.

995

01:08:36,231 --> 01:08:38,231

- All right, good, okay.

996

01:08:39,330 --> 01:08:42,330

So David, what method would

you like to use today?

997

01:08:42,330 --> 01:08:45,007

You wanna use “My problem is I” or another?

998

01:08:46,004 --> 01:08:47,214

- Hmm.

999

01:08:47,214 --> 01:08:49,230

- [Consultant] Exploring.

1000

01:08:49,230 --> 01:08:51,693

- I think I wanna use, ah, a different one.

1001

01:08:53,190 --> 01:08:55,676

That one's always tough,

although I see the merit.

1002

01:08:55,676 --> 01:08:57,743

- And it can be, yeah.

- Yeah.

1003

01:09:00,900 --> 01:09:03,600

- Well, let's, before we

begin then, how are you?

1004

01:09:03,600 --> 01:09:04,710

Let me say hello.

1005

01:09:04,710 --> 01:09:05,610

- Yeah, thank you.

1006

01:09:06,900 --> 01:09:11,340

Well, that's where I wanted

to begin anyway, is uh…

1007

01:09:11,340 --> 01:09:16,340

is that I've got a mishmash

of things that I think we can probably…

1008

01:09:19,530 --> 01:09:20,370

they're probably related,

1009

01:09:20,370 --> 01:09:22,143

but we can probably tease them out.

1010

01:09:23,642 --> 01:09:24,930

- Okay.

1011

01:09:24,930 --> 01:09:28,860

- My, whatever you call

it, my filter is down,

1012

01:09:28,860 --> 01:09:31,050

my bandwidth is stretched.

1013

01:09:31,050 --> 01:09:36,050

I don't have the room

inwardly to metabolize

1014

01:09:36,270 --> 01:09:40,113

the harder stuff that

comes at me right now.

1015

01:09:42,043 --> 01:09:42,876

- Okay.

1016

01:09:43,950 --> 01:09:45,450

- I'm telling myself right now,

1017

01:09:45,450 --> 01:09:47,433

I don't wanna do supervision anymore.

1018

01:09:51,960 --> 01:09:56,123

And I don't think that's

exactly the truth.

1019

01:09:58,219 --> 01:10:00,090

- [Consultant] Okay,

but right at the moment,

1020

01:10:00,090 --> 01:10:01,845

you don't wanna do supervision.

1021

01:10:01,845 --> 01:10:02,926

- I don't wanna do it.

1022

01:10:02,926 --> 01:10:03,942

- [Consultant] Okay, anymore.

1023

01:10:03,942 --> 01:10:04,864

You don't know the future.

1024

01:10:04,864 --> 01:10:05,697

- Yep.

1025

01:10:05,697 --> 01:10:07,270

- [Consultant] At the moment,

1026

01:10:07,270 --> 01:10:09,853

you don't wanna do supervision.

1027

01:10:10,740 --> 01:10:13,470

- Yeah, I don't wanna do it, I dread it.

1028

01:10:13,470 --> 01:10:15,870

If I can cancel it, I cancel it.

1029

01:10:15,870 --> 01:10:17,220

I would've canceled it yesterday,

1030

01:10:17,220 --> 01:10:21,270

but we haven't met in several

weeks and then it's like,

1031

01:10:21,270 --> 01:10:23,550

there's only five weeks,

you know, after this week,

1032

01:10:23,550 --> 01:10:25,410

there are only four more

weeks and it's like,

1033

01:10:25,410 --> 01:10:29,760

you gotta supervise, you

have to, you have to do this.

1034

01:10:29,760 --> 01:10:31,470

It's…first of all, it's your job.

1035

01:10:31,470 --> 01:10:33,213

It's… they need it.

1036

01:10:34,516 --> 01:10:38,793

You can't stop doing

this, but I wanna stop.

1037

01:10:40,172 --> 01:10:41,397

- [Consultant] Okay.

1038

01:10:41,397 --> 01:10:44,220

All right, so let's pay

attention to, you know,

1039

01:10:44,220 --> 01:10:48,750

this piece of you that

wants to stop and you know

1040

01:10:48,750 --> 01:10:52,590

what's going inside you, David, right now

1041

01:10:52,590 --> 01:10:53,590

that you wanna stop.

1042

01:10:55,230 --> 01:10:58,130

Like, what about the supervision

do you wanna be done with?

1043

01:11:02,310 --> 01:11:03,603

- Well, it hurts.

1044

01:11:05,152 --> 01:11:07,470

- [Consultant] It hurts, okay.

1045

01:11:07,470 --> 01:11:09,273

- And I wanna stop hurting.

1046

01:11:10,990 --> 01:11:12,623

- [Consultant] Wanna

stop hurting, of course.

1047

01:11:16,463 --> 01:11:21,240

- That's the motivation

is it hurts and,

1048

01:11:21,240 --> 01:11:25,413

man, my shame triggers

are so triggered right now,

1049

01:11:29,520 --> 01:11:31,053

but I don't have the um…

1050

01:11:33,334 --> 01:11:36,353

I don't have the fortitude at the moment

1051

01:11:41,160 --> 01:11:46,160

to really um…

provide the supervision I wanna provide.

1052

01:11:50,670 --> 01:11:53,977

That's why I'm, you know, I'm thinking,

1053

01:11:53,977 --> 01:11:57,013

Okay, you need a break.

1054

01:11:57,013 --> 01:12:00,810

(David quietly crying)

1055

01:12:00,810 --> 01:12:02,640

- Well, what I'm really hearing, David,

1056

01:12:02,640 --> 01:12:05,760

when you say it hurts,

right, and you know,

1057

01:12:05,760 --> 01:12:09,630

this work does hurt if we

don't have the fortitude,

1058

01:12:09,630 --> 01:12:11,043

which we don't always have.

1059

01:12:11,880 --> 01:12:13,297

- [David] Yeah.

1060

01:12:13,297 --> 01:12:14,457

- [Consultant] Yeah.

1061

01:12:14,457 --> 01:12:17,073

And you don't wanna hurt, of course.

1062

01:12:18,750 --> 01:12:19,920

No.

1063

01:12:19,920 --> 01:12:21,770

Who wants to do something that hurts?

1064

01:12:23,520 --> 01:12:24,353

- Yeah.

1065

01:12:26,130 --> 01:12:27,573

It's hard to know.

1066

01:12:29,730 --> 01:12:34,323

I can see what I need to do.

1067

01:12:35,337 --> 01:12:36,170

- [Consultant] Okay.

1068

01:12:36,170 --> 01:12:40,743

- And I can't find the strength to do it.

1069

01:12:42,646 --> 01:12:44,010

- Okay.

1070

01:12:44,010 --> 01:12:49,010

- I see it, I know what

needs to happen, but I just,

1071

01:12:49,273 --> 01:12:53,383

I don't have the gas in the tank.

1072

01:12:53,383 --> 01:12:55,530

(blowing nose squeakily)

1073

01:12:55,530 --> 01:12:56,778

It's like--

1074

01:12:56,778 --> 01:12:59,220

- Okay, so I think that

this is so important, right?

1075

01:12:59,220 --> 01:13:03,480

You see it, you know it,

here, what needs to be done

1076

01:13:03,480 --> 01:13:05,880

and you don't have the gas in the tank.

1077

01:13:05,880 --> 01:13:06,713

Okay.

1078

01:13:06,713 --> 01:13:11,163

My guess is that you are

absolutely a voice for the group.

1079

01:13:12,330 --> 01:13:15,843

No one in this group has the

gas in the tank right now.

1080

01:13:21,013 --> 01:13:23,763

(wet nose-blowing nose)

1081

01:13:35,931 --> 01:13:38,598

(Mati sniffing)

(Mati coughing)

1082

01:13:42,420 --> 01:13:44,583

- [Mati] Lord, our God, Eternal One,

1083

01:13:46,320 --> 01:13:51,320

we come before you today

to celebrate the devotion

1084

01:13:53,610 --> 01:13:57,063

and the love between a

daughter and her mother.

1085

01:13:58,290 --> 01:14:02,460

We do not want to miss

this opportunity to love

1086

01:14:02,460 --> 01:14:05,970

because we are stuck in the past.

1087

01:14:05,970 --> 01:14:09,420

Lord our God, we ask that you guide us

1088

01:14:09,420 --> 01:14:14,420

in this very challenging and

dark moment and let us remember…

1089

01:14:20,250 --> 01:14:22,650

that when we think we're

at the end of the rope,

1090

01:14:23,520 --> 01:14:26,550

there's always something that appears

1091

01:14:26,550 --> 01:14:31,550

that keeps us desiring life, desiring you,

1092

01:14:31,860 --> 01:14:34,230

and desiring to serve, Amen.

1093

01:14:34,230 --> 01:14:35,063

- Amen.

1094

01:14:36,270 --> 01:14:38,760

- [Mati] We can't redo the past--

- Yes I know

1095

01:14:38,760 --> 01:14:41,550

- [Mati] We can't redo the past, but you know what?

1096

01:14:41,550 --> 01:14:44,310

I'm more afraid that you're

gonna miss the present

1097

01:14:44,310 --> 01:14:46,923

because you wanna replay the past.

1098

01:14:48,810 --> 01:14:52,500

We cannot save our parents.

1099

01:14:52,500 --> 01:14:55,560

We cannot save our parents, okay?

1100

01:14:55,560 --> 01:14:56,973

These things happen.

1101

01:14:57,900 --> 01:14:59,253

It's natural.

1102

01:15:01,500 --> 01:15:05,880

And we're also in COVID, so

you're, everyone's foggy.

1103

01:15:05,880 --> 01:15:07,440

Nobody's thinking straight.

1104

01:15:07,440 --> 01:15:10,080

Everyone's in a stress response.

1105

01:15:10,080 --> 01:15:13,620

I don't want you to be

shouldering this guilt

1106

01:15:13,620 --> 01:15:18,620

because it's not your responsibility

to fully shoulder that.

1107

01:15:19,410 --> 01:15:21,510

Whatever people are

saying about negligence,

1108

01:15:21,510 --> 01:15:23,250

you don't let that in.

1109

01:15:23,250 --> 01:15:25,470

You love your mother and

you continue to love her

1110

01:15:25,470 --> 01:15:27,300

while she's here now.

1111

01:15:27,300 --> 01:15:30,030

But I tell you this as

somebody who lost somebody

1112

01:15:30,030 --> 01:15:32,553

with no warning at all, none.

1113

01:15:35,400 --> 01:15:37,233

You do not know what's gonna happen.

1114

01:15:39,000 --> 01:15:40,290

You do not know

1115

01:15:40,290 --> 01:15:42,510

and I could tell you that

now from the other side,

1116

01:15:42,510 --> 01:15:45,390

being somebody stubborn who

thinks she knows everything

1117

01:15:45,390 --> 01:15:47,670

what's gonna happen all the time.

1118

01:15:47,670 --> 01:15:52,670

So let me be that stranger

that tells you it's dark,

1119

01:15:54,900 --> 01:15:58,653

but you have no idea

what's gonna happen. Okay?

1120

01:16:02,790 --> 01:16:05,520

You will have time to

decide how to make meaning

1121

01:16:05,520 --> 01:16:09,180

of the past, but I don't

want you to lose the present.

1122

01:16:09,180 --> 01:16:10,473

Your mom is still here.

1123

01:16:13,230 --> 01:16:16,083

You're not dumb. You're not negligent.

1124

01:16:17,880 --> 01:16:21,780

You just can't control

everything and this is shocking

1125

01:16:21,780 --> 01:16:24,033

and COVID is very, very stressful.

1126

01:16:29,963 --> 01:16:33,270

(Mati coughing)

1127

01:16:33,270 --> 01:16:35,220

I have a little bit of

a cold, but don't worry,

1128

01:16:35,220 --> 01:16:36,303

it's nothing serious.

1129

01:16:43,748 --> 01:16:46,415

1130

01:17:34,590 --> 01:17:39,330

- [Amy] For today, Karen is on call? Yes.

1131

01:17:39,330 --> 01:17:44,330

And, um, Jason, Sophia, and Fumiko are off today…

1132

01:17:47,310 --> 01:17:52,310

and I’m… I don't see Mati on

this call, so my last email…

1133

01:17:53,427 --> 01:17:54,990

I'm gonna check in with her

1134

01:17:54,990 --> 01:17:57,810

on whether she's in or not today,

1135

01:17:57,810 --> 01:18:02,810

but I’ll confirm that for now I

will list Johnny for her,

1136

01:18:04,320 --> 01:18:06,780

Mati's units, and if that changes

I'll let you know, Johnny.

1137

01:18:06,780 --> 01:18:11,610

I also have Johnny

listed for the SICU/TICU.

1138

01:18:11,610 --> 01:18:14,583

Good morning, Mati.

1139

01:18:15,439 --> 01:18:18,060

Wanted to follow up.

1140

01:18:18,060 --> 01:18:19,293

Thought you'd be here, that you’d…

(Amy sighing)

1141

01:18:32,190 --> 01:18:35,550

- [Jessica] Hey, Mati.

- [Mati] *Hi, both of you.*

1142

01:18:35,550 --> 01:18:37,443

- [Michele] Hi.

- [Jessica] How are you?

1143

01:18:40,800 --> 01:18:45,000

- *I guess I've just*

*been feeling like resistant*

1144

01:18:45,000 --> 01:18:47,943

*because, like, my body doesn't feel okay.*

1145

01:18:50,160 --> 01:18:52,530

*When I woke up, I was just like, I can't.*

1146

01:18:52,530 --> 01:18:56,755

*I can't imagine doing this*

*five days a week in a row.*

1147

01:18:56,755 --> 01:19:00,417

*I don't have a marathon in me right now.*

1148

01:19:00,417 --> 01:19:02,760

*And maybe, maybe others do…*

*personally, I don't.*

1149

01:19:02,760 --> 01:19:05,250

- [Jessica] No, I don't. Like, legit.

1150

01:19:05,250 --> 01:19:08,410

Like, pal care took a lot out of me

1151

01:19:09,353 --> 01:19:11,437

and my body was breaking

down during pal care

1152

01:19:11,437 --> 01:19:14,157

and I was like,

You can't get sick right now.

1153

01:19:15,150 --> 01:19:15,983

- [Mati] *Yeah*.

1154

01:19:18,000 --> 01:19:23,000

*I feel kind of angry that my*

*body's being asked to produce*

1155

01:19:24,840 --> 01:19:27,990

*at a certain level or standard that I am…*

1156

01:19:27,990 --> 01:19:29,883

- [Jessica] That's true.

*- …not willing to do*

1157

01:19:31,890 --> 01:19:33,903

- [Mati] *And I can't do it.*

1158

01:19:36,000 --> 01:19:37,123

*I don't wanna do it.*

1159

01:19:50,297 --> 01:19:54,160

- So you really escalated

this situation unnecessarily

1160

01:19:55,110 --> 01:19:57,180

by asking about HR.

1161

01:19:57,180 --> 01:19:59,223

You always have a privilege to go to HR.

1162

01:20:00,450 --> 01:20:02,130

I took the privilege today as well.

1163

01:20:02,130 --> 01:20:03,960

I talked to labor relations

1164

01:20:03,960 --> 01:20:06,120

and you are not being mistreated.

1165

01:20:06,120 --> 01:20:09,513

That is a gross exaggeration

of the situation.

1166

01:20:11,010 --> 01:20:13,020

You have two options.

1167

01:20:13,020 --> 01:20:15,450

When you say you're gonna

be here from 12 to eight,

1168

01:20:15,450 --> 01:20:17,430

you come in from 12 to eight

1169

01:20:17,430 --> 01:20:19,980

or you notify me and Amy in advance.

1170

01:20:19,980 --> 01:20:22,830

- I took grand rounds,

but I was on the phone,

1171

01:20:22,830 --> 01:20:27,830

I was listening. I was

present, my name was on there.

1172

01:20:29,640 --> 01:20:32,430

I made sure that it was present

1173

01:20:32,430 --> 01:20:35,940

and then I came here as soon

as I could after I finished

1174

01:20:35,940 --> 01:20:38,547

doing some of the work at

home which I had to do.

1175

01:20:38,547 --> 01:20:40,050

- Are you hearing what I'm saying?

1176

01:20:40,050 --> 01:20:40,920

The two options.

1177

01:20:40,920 --> 01:20:43,440

- [Mati] You brought

this to labor relations

1178

01:20:43,440 --> 01:20:47,280

and now I have to figure out

what to do with that, yeah.

1179

01:20:47,280 --> 01:20:48,630

- No, you're hearing the wrong thing.

1180

01:20:48,630 --> 01:20:52,140

I've said I need to know in advance.

1181

01:20:52,140 --> 01:20:53,507

- [Mati] What does advance look like?

1182

01:20:53,507 --> 01:20:54,960

- Before twelve o'clock.

1183

01:20:54,960 --> 01:20:56,130

Your shift is 12 to eight,

1184

01:20:56,130 --> 01:20:59,133

you notify me at 1:08 that

you're gonna be in at two…

1185

01:21:04,380 --> 01:21:07,890

I went to labor relations to make sure

1186

01:21:07,890 --> 01:21:10,980

that you're not being

mistreated and you are not.

1187

01:21:10,980 --> 01:21:12,930

- [Mati] That's how you made

sure I'm not being mistreated?

1188

01:21:12,930 --> 01:21:14,610

- That is a gross exaggeration.

1189

01:21:14,610 --> 01:21:15,870

- [Mati] By taking it to labor relations.

1190

01:21:15,870 --> 01:21:17,843

- Unnecessarily escalating the situation.

1191

01:21:17,843 --> 01:21:20,910

- [Mati] That's how you made

sure I'm not being mistreated.

1192

01:21:20,910 --> 01:21:21,743

- [David] Listen, I said--

1193

01:21:21,743 --> 01:21:22,840

- I don't feel safe with you in a room.

1194

01:21:22,840 --> 01:21:23,880

- [David] Fine, good.

1195

01:21:23,880 --> 01:21:26,100

I've said what I'm gonna say.

1196

01:21:26,100 --> 01:21:28,410

I'm gonna send you an

email to put it in writing

1197

01:21:28,410 --> 01:21:29,310

and that's that.

1198

01:21:34,808 --> 01:21:37,225

(door slams)

1199

01:22:17,801 --> 01:22:22,468

(people speaking faintly in background)

1200

01:22:43,495 --> 01:22:46,495

(door code beeping)

1201

01:22:48,072 --> 01:22:50,822

(chair scraping)

1202

01:22:53,970 --> 01:22:56,520

This truly is a bittersweet week.

1203

01:22:56,520 --> 01:22:59,550

You know, bitter in the sense

that I always feel some grief

1204

01:22:59,550 --> 01:23:03,810

about saying goodbye to the

residents as they're leaving

1205

01:23:03,810 --> 01:23:07,650

and really sweet because

it's such a celebratory time

1206

01:23:07,650 --> 01:23:09,690

because you've accomplished

1207

01:23:09,690 --> 01:23:12,813

and achieved something so hard. So hard.

1208

01:23:13,710 --> 01:23:18,090

- As we all know, it really

takes a lot to be open-hearted

1209

01:23:18,090 --> 01:23:20,940

and to keep going back

again and again in this work

1210

01:23:20,940 --> 01:23:23,640

and to build those

muscles and that capacity

1211

01:23:23,640 --> 01:23:27,390

and wanna thank each

of you for your tears,

1212

01:23:27,390 --> 01:23:29,790

for your laughter.

(all laughing)

1213

01:23:29,790 --> 01:23:31,740

Jessica, that you've been able to join us

1214

01:23:31,740 --> 01:23:33,570

as a staff chaplain.

1215

01:23:33,570 --> 01:23:38,220

Michele, that you'll

be able to join us soon.

1216

01:23:38,220 --> 01:23:40,170

Fumiko, that you're leaving now,

1217

01:23:40,170 --> 01:23:42,153

but we hope to welcome you back.

1218

01:23:44,310 --> 01:23:47,790

Mati, who had to leave early

but really gave so much

1219

01:23:47,790 --> 01:23:50,253

of herself through the

course of this year.

1220

01:24:14,610 --> 01:24:17,403

- [Mati] *I think I'm trying to*

*hold my own integrity with,*

1221

01:24:18,420 --> 01:24:21,480

*you know, not feeling closure*

*in certain goodbyes*

1222

01:24:21,480 --> 01:24:24,543

*and not pretending either.*

1223

01:24:32,100 --> 01:24:35,703

*But also leaving an*

*opening for until soon.*

1224

01:25:22,650 --> 01:25:26,040

I recall you saying, I cannot believe

1225

01:25:26,040 --> 01:25:29,940

what my body can endure

and I just needed to share that

with somebody.

To let them know.

1227

01:25:33,060 --> 01:25:37,383

And what I felt in that moment,

through the tears, was awe.

1228

01:25:40,290 --> 01:25:42,543

It was this quiet strength.

1229

01:25:46,770 --> 01:25:48,360

- I checked in for one thing,

1230

01:25:48,360 --> 01:25:51,807

I got four other things

happened since I've been here.

1231

01:25:51,807 --> 01:25:56,807

- You got pancreatic cancer,

COVID, then liver failure,

1232

01:25:56,970 --> 01:26:01,440

aneurysm, bacteria in the stomach?

1233

01:26:01,440 --> 01:26:02,910

Did I get that somewhat right?

1234

01:26:02,910 --> 01:26:03,743

- Yeah.

1235

01:26:07,770 --> 01:26:09,093

- Girl, your body…

1236

01:26:11,730 --> 01:26:13,533

it's been through a lot.

- Yeah.

1237

01:26:24,330 --> 01:26:26,243

God, you are a waymaker.

1238

01:26:27,777 --> 01:26:32,777

You are such an awesome God

that makes ways out of no ways

1239

01:26:34,230 --> 01:26:36,333

and we thank you for that, Lord.

1240

01:26:37,380 --> 01:26:42,380

God, I also thank you

for the power of yes.

1241

01:26:43,920 --> 01:26:47,367

I thank you for allowing

me to wake up every day,

1242

01:26:48,510 --> 01:26:52,440

allowing us to do what you call us to do,

1243

01:26:52,440 --> 01:26:54,540

knowing that yesterday,

1244

01:26:54,540 --> 01:26:56,730

there's nothing that we can do about it,

1245

01:26:56,730 --> 01:26:58,473

but learn for today.

1246

01:26:59,550 --> 01:27:02,610

God, we thank you for

your great expectations

1247

01:27:02,610 --> 01:27:03,663

over our lives.

1248

01:27:07,140 --> 01:27:11,250

- We thank you for giving us

a window into the complexity

1249

01:27:11,250 --> 01:27:13,443

and intelligence of the human body.

1250

01:27:19,592 --> 01:27:22,092

We know that better than many

1251

01:27:23,580 --> 01:27:26,913

because we have been through so much.

1252

01:27:28,710 --> 01:27:33,330

Lord our God, we ask

that you make it clear

1253

01:27:33,330 --> 01:27:37,420

what is the teaching you

wish for us to receive

1254

01:27:39,090 --> 01:27:40,233

in our suffering.

1255

01:27:43,230 --> 01:27:44,703

What is the teaching?

1256

01:27:46,710 --> 01:27:51,710

How might we receive it and

give it as a blessing to others,

1257

01:27:53,700 --> 01:27:57,663

holding and standing our

ground with full integrity,

1258

01:27:58,890 --> 01:28:03,663

as a way of service to you,

as a way of service to spirit,

1259

01:28:04,800 --> 01:28:09,800

and a way to keep our temple

alive, breathing and well.

1260

01:28:14,340 --> 01:28:17,313

- Once again, you came on time, Margaret.

1261

01:28:18,251 --> 01:28:19,084

- Thank you.

1262

01:28:19,084 --> 01:28:20,790

- I was having a hard time today,

1263

01:28:20,790 --> 01:28:23,730

this morning to be honest with you.

1264

01:28:23,730 --> 01:28:26,790

And I was like, God, why?

1265

01:28:26,790 --> 01:28:28,080

Like, what's good?

1266

01:28:28,080 --> 01:28:29,430

Like, what's really good?

1267

01:28:29,430 --> 01:28:31,140

That's how I talk to him.

1268

01:28:31,140 --> 01:28:32,310

What's really good?

1269

01:28:32,310 --> 01:28:34,020

Like, what's going on?

1270

01:28:34,020 --> 01:28:39,020

Because I know you say

you, you won't overbear us,

1271

01:28:40,530 --> 01:28:45,530

but did you really mean that I

could go through all of this?

1272

01:28:50,190 --> 01:28:53,553

He does amazing things,

that's why I can't be angry.

1273

01:28:56,700 --> 01:28:58,590

Because if I think about all the things

1274

01:28:58,590 --> 01:29:02,730

that I've been through,

I lived through every single one,

1275

01:29:02,730 --> 01:29:04,353

so it's not my time.

1276

01:29:08,355 --> 01:29:11,130

You know, it's not your time, girl.

1277

01:29:11,130 --> 01:29:14,790

Now be quiet, get some rest

'cause you gonna have work to do

1278

01:29:14,790 --> 01:29:15,990

when you get outta here.

1279

01:29:16,830 --> 01:29:19,657

And that's how I look at

it and I found my joy.

1280

01:29:33,004 --> 01:29:35,504

(door clicks)

1281

01:29:47,289 --> 01:29:49,706

(door echos)

1282

01:29:58,436 --> 01:30:01,019

(grand, solemn music)

`

1283

01:30:29,240 --> 01:30:32,657

(solemn music continues)

1284

01:30:55,567 --> 01:30:58,984

(solemn music continues)

1285

01:31:20,292 --> 01:31:23,709

(solemn music continues)

1286

01:31:50,542 --> 01:31:53,959

(solemn music continues)

1287

01:32:15,550 --> 01:32:18,967

(solemn music continues)

1288

01:32:46,334 --> 01:32:49,751

(solemn music continues)